

सानो अनुदान : ठूलो वरदान

सफलताका पाइलाहरू

विश्वको वातावरण संरक्षण गर्ने खालका परियोजनाहरू सञ्चालन गर्न विकासशील देशहरूलाई अनुदान र सहूलियत उपलब्ध गराउने सहायता संयन्त्रको रूपमा सन् १९९२ मा विश्व वातावरण कोष साना अनुदान कार्यक्रमको स्थापना भएको हो । दिगो विकासको अवधारणालाई आत्मसात गर्दै विकासशील राष्ट्रहरूमा सञ्चालित सामुदायिक कार्यक्रमहरूलाई आर्थिक र प्राविधिक सहयोग पुर्याउन सकेको खण्डमा प्राकृतिक वातावरण एवं मानवीय जीवनस्तरमा सुधार गर्न सकिन्छ भन्ने देखिएको छ । यस विश्व वातावरण कोष साना अनुदान कार्यक्रम (GEF Small Grants Programme) ले गैरसरकारी एवं सामुदायमा आधारित संघ संस्थाहरूलाई सामुदायिक कार्यक्रम सञ्चालन गर्नको लागि ५० हजार अमेरिकी डलरसम्मको आर्थिक सहयोग उपलब्ध गराउँछ ।

विश्व वातावरण कोष साना अनुदान कार्यक्रमले सहयोग गर्न निर्दिष्ट गरेका मुख्य मुख्य क्षेत्रहरूमा जैविक विविधता संरक्षण, जलवायु परिवर्तन न्यूनीकरण, अन्तर्राष्ट्रिय जल संरक्षण, दीर्घकालिन असर पुर्याउने जैविक प्रदूषणको प्रभाव कम गर्ने, भू-अपकर्षण तथा मरुभूमिकरण रोकथाम गर्ने पर्दछन् । यस कार्यक्रमबाट बढीभन्दा बढी लाभ प्राप्त गर्नको लागि सहभागिमूलक अनुगमन र मूल्याङ्कन रणनीति अवलम्बन गरिएको छ । विश्व वातावरण कोष साना अनुदान कार्यक्रमका परियोजनाका प्रकृति निम्न प्रकारका हुन्छन् :

- विश्व वातावरणका चुनौतिहरू कम गर्ने रणनीतिहरू तयार पार्नु र त्यसका निम्ति सामुदायिक स्तरका प्रविधिहरूको प्रदर्शन गर्नु,
- वातावरणीय समस्याहरू सुल्झाउन र दिगो विकासलाई प्रवर्द्धन गर्न समुदाय, समुदायमा आधारित संस्थाहरू र गैरसरकारी संस्थाहरूको क्षमता बढाएर स्थानीय सबै सरोकारवालाहरूको सञ्जाल स्थापना गरी साभेदारी निर्माण गर्नु, एवं
- अनुसरण, कार्यक्रम विस्तार र नीतिगत पक्षपोषण माफर्तु विश्व वातावरण कोष साना अनुदान कार्यक्रमबाट सहयोग प्राप्त गरेका सामुदायिक तहका पहलहरूलाई प्रभावकारी ढङ्गले विस्तार गर्नु ।

संयुक्त राष्ट्रसंघिय विकास कार्यक्रम

विश्व वातावरण कोष साना अनुदान कार्यक्रम

भनिमण्डल, एकान्तकुना, ललितपुर

पो.ब.नं. १०७ काठमाडौं, नेपाल ।

फोन : ०१-५५५०११९, फ्याक्स: ०१-५५३०२६९

इमेल gopal.sherchan@undp.org

वेब www.sgp.org.np

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विषय सूची



क्र.सं.	विषयवस्तु	पेज नं.
	दुई शब्द	
	प्रस्तुतकर्ताको तर्फबाट	
१.	खोरियाबाट आधुनिक कृषि तर्फका पाइला	
२.	बगर कृषि भूमिमा परिणत	
३.	मलाई मलेसिया पनि यहिं ...	
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६.	जैविक तटबन्धले ल्यायो खुशी	
७.	जैविक विविधता संरक्षणमा सफलता	
८.	रकेट चुलोले ल्यायो खुसीयाली	
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संयुक्त राष्ट्रसंघीय विकास कार्यक्रम
विश्व वातावरण कोष/साना अनुदान कार्यक्रम

सल्लाहकार : गोपाल शेरचन, विवेकधर शर्मा र ध्रुव गौतम
लेखन/सम्पादन : कृष्ण अधिकारी
संस्करण : August 2018
आवरण फोटो : जैविक विविधता संरक्षण पछि चरिङ्गेदहमा आएको परिवर्तन
डिजाई तथा छपाई : लुम्बिनी प्रिन्टिङ्ग सर्भिसेज प्रा.लि.
प्रस्तुतकर्ता : सहकार्य
इमेल: drrrgautam@gmail.com

यस पुस्तिकामा उल्लेखित सम्पूर्ण विवरण र विचारहरू प्रस्तुतकर्ता सहकार्यको हो । यसमा संयुक्त राष्ट्रसंघीय विकास कार्यक्रम, विश्व वातावरण कोष/साना अनुदान कार्यक्रम र अन्य संस्थागत धारणाको प्रतिनिधित्व भएको मान्नु जरुरी छैन ।

परियोजनाहरूको विवरण

क्र.सं.	परियोजनाको नाम	परियोजना नं.	संस्था	ठेगाना
१.	स्थानीय संघसंस्थाको क्षमता अभिवृद्धि तथा ज्ञान व्यवस्थापनमार्फत भू-परिधि तथा जीविकोपार्जन उत्पादनशील परियोजना	NEO/COMDEKS/2012/02	राष्ट्रिय प्रकोप जोषिम न्यूनिकरण केन्द्र	New Baneshwor, Kathmandu, Nepal Phone: 01-4482738 E-Mail: ndrcnepal2007@gmail.com
२.	डुई भूमिको अपकर्षण न्यूनीकरण तथा समुदाय व्यवस्थित विकासबाट जीविकोपार्जनमा सुधार परियोजना	NEP/SGP/OPS/Y3/STAR/LD/13/04	सामुदायिक विकास संस्था (सिडिओ नेपाल), मकवानपुर	Hetauda Municipality # 2, Makawanpur; Telephone: 057-522877 (O), 9845029877 (M); E-mail: cdonepal_mak@yahoo.com
३.	भू-क्षय रोकथामद्वारा जलवायु समानुकूलनमा समुदायको दिगो जीविकोपार्जन कार्यक्रम	NEP/SGP/OPS/Y3/STAR/LD/14/13	बहुआयामिक विकास केन्द्र, नेपाल	House no 87, Birendrapath Hetauda-4, Huprachaun-Makawanpur Tel: 0097757526651; imdcnepal723@gmail.com
४.	दाह उत्पादका जैविक विविधता संरक्षण एवं जीविकोपार्जन परियोजना	NEP/SGP/OPS/Y2/CORE/12/01	पर्यावरणीय दिगो विकास एवं असुसस्थान केन्द्र	Hemantapur, Bijauni-4, Tulsipur Dang E-mail: esdrcnepal@yahoo.com; Tel:082-690050/ 9847823350 (Mob)
५.	जैविक विविधता तथा जीविकोपार्जनको लागि जडिबुटी संरक्षण परियोजना परि योजना	NEP/SGP/OPS/Y1/CORE/12/06	सर्पुन	Motipur-5, Chappargaoan, Kapilvastu Tel: 977-98570-32504 E-mail: sagun.kapilvastu@gmail.com
६.	स्थानीय स्रोतको परिचालनमार्फत जलवायु परिवर्तन अनुकूलन र विपद् जोषिम न्यूनीकरण परियोजना	NEP/SGP/OPS/Y3/STAR/LD/14/02	मानव तथा राष्ट्रिय विकास समाज (ह्याण्डस नेपाल)	DudhauilSindhuli Nepal Telephone: 977-9844272860, Email: Hands_nepal@yahoo.com
७.	समुदायमा आधारित जैविक विविधता तथा जीविकोपार्जन अभिवृद्धि कार्यक्रम	NEP/SGP/OPS/Y1/CORE/12/01	ग्रामीण समाज विकास केन्द्र	Sandhikharka, Arghakhachi Tel:077-420402 E-mail: shah_padam@yahoo.com
८.	जलवायु परिवर्तन न्यूनीकरणका लागि वैकल्पिक ऊर्जा प्रवर्द्धन कार्यक्रम	NEP/SGP/OPS/Y3/STAR/CC/14/14	ग्रामीण सामुदायिक दिगो विकास केन्द्र	Janakpurdham-14, Rajaul, Dhanusha Tel: +977 41 528389 E-mail: rcsdjanakpur@yahoo.com
९.	जैविक छेत्री प्रणालीद्वारा क्षयकृत भूमिको पुनस्थापनासम्बन्धी परियोजना	NEP/SGP/OPS/Y3/STAR/LD/14/16	महिला विकास संस्था	Sitapalla Ring Road, Kathmandu Phone: 4278990; Fax: 4277428 Email: info.wodes@gmail.com
१०.	स्थानीय माछाको संरक्षण परियोजना	NEP/SGP/OPS/Y2/CORE/12/02	मनहरी विकास संस्था (एमडीआई) नेपाल	New Manakamana Road, Makawanpur, Tel:057-521133 E-mail: mdi@ntc.net.np;

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ने क्फन्द् ल्ज्ज् ज्फ्त्ज्/०फ् स्फ्ज्; फ्ग् फ्ग्बफ्ग् स्फ्ग्ग्न्द् ; ग् ! ((* ब्)व् ; ०Qm /fि6० ३lo ल्ज् स्फ्; स्फ्ग्ग्न्द् द्फ्कन्त् ; ~रफ्ग् ख्) च्फ्प्स्फ् 5 . ०; स्फ्ग्ग्न्द्दफ्6 ल्ज् लेग् उय्; /स्फ्/ल् प्ज् द\ ; द्बफ्दफ् च्फ्फ्/ल् त् ; ३ ; +य्फ्?द्फ्कन्त् ह्ग्त्स्फ् क्फ्/ल् ; न्ल्ग्त्दफ् ह्ज्ज् स ल्ज् ल्ज् व्त्फ् ; #lf०फ्, ह्न्ज् फ्' क्/ल् ज् त्ग् ढ्ग्ल्स/०फ् / द?ेद'ल्स/०फ् ढ्ग्ल्स/०फ्स्फ् ल्फ्ग्दफ् ल्ज् लेग् स्फ्? ; ड्कग् एप्स् 5ग\ . ०; अफ् ह्ज्ज् स ल्ज् ल्ज् व्त्दफ् न्फ्क'दव् क्फ्फ्ल्त्स्फ् ; #lf०फ्, उय्/स्फ्7 ज् ग् क्फ्ज् /स्फ् ; #lf०फ् त्फ् ; ब्कोफ्, ; ल्द; फ्/ ल्फ्ग्स्फ् ; #lf०फ्, ज् ग्स्फ् क्फ्/ल्: य्स् क्फ्फ्न्ल् ; #lf०फ्दफ् ; खोफ् एप्स्फ् 5 .

ख्फ्न्; ड्द ; फ्ग्फ्ग्बफ्ग् स्फ्ग्ग्न्द्) % # lhNnfdफ् @! * ज् 6फ् क्/०फ् ह्ग्फ्न्फ् ०(च्फ्/ल् त्फ् क्फ्/ल् ल्व्स् ; खोफ् क्?०फ्प्स्फ् 5 . स्फ्ग्ग्न्द्दफ्6 क्/०फ् ह्ग्फ् स्फ्फ्ज् ओग्स्फ्न्ल् ; /स्फ्/ल् ल्ग्स्फ्? , : य्ग्लो ; द्बफ् ० / ल्ज् लेग् /फ्लि6० त्फ् च्ग्त्/फ्लि6० उय्; /स्फ्/ल् ; +य्फ्?स्फ् ; ख्स्फ्दफ् स्/ल् अ &% न्फ्व्\$ % ख्फ्/ च्द/स्ल 8न/ अ/फ्/स्फ् न्फ्ग्ल् ए०; स्स्फ् 5 . त्ल् @! * ज् 6फ् क्/०फ् ह्ग्फ्द'व् ०) ह्ज्ज् स ल्ज् ल्ज् व्त्फ् ; ड्ाढ्ल्, ^@ ज् 6फ् ह्न्ज् फ्' क्/ल् ज् त्ग् ढ्ग्ल्स/०फ्, \$# ज् 6फ् ए'क'स्फ् ०फ् त्फ् द?ेद'ल्स/०फ् ढ्ग्ल्स/०फ् ; ड्ाढ्ल्, र्फ्/ज् 6फ् /; फ्ग् ; ड्ाढ्ल् / !& ज् 6फ् ल्द'त्फ् च्लेज् 14; ड्ाढ्ल् क्/०फ् ह्ग्फ्? /ख्स्फ् 5ग\ . ०; ल्/ल् ; फ्त् ज् 6फ् ; फ्त्फ्दफ् ०ल्ग; प्लेस् न्फ्ल् ; द्बफ्फ्लोस् ल्ज् स्फ्; त्फ् ; फ्ग् जोज् : य्फ्ग् क्/०फ् ह्ग्फ्? (Community Development and Knowledge Management for Satoyama Initiatives) त्फ् र्फ्/ज् 6फ् द्ख'ल् य्फ्क'य्फ्क' क्फ्ग्ल्स्फ् (Every Drop Matters) क्/०फ् ह्ग्फ्? क्ग् ; क्न्त्स्फ् ; फ् य्; ड्कग् ए०; स्स्फ् 5ग\ . ०ल् क्/०फ् ह्ग्फ्?स्फ् स्फ्फ्ज् ओग'० : य्ग्लो: त्/दफ् ज्फ्त्ज्/०फ् ; #lf०फ्, ह्ग्: ज्. योदफ् ; व्फ्/ल्, च्फ्फ्फ्ग् त्फ् /फ्हुफ्/स्फ् 1; ह्ग्फ्, ; द्फ्फ्ल्स् ; द्फ्ज्/ल्स/०फ्, द्ल्ख्न्फ् ; ज् ०न्स्/०फ्, उल्/ल् अ प्ज् द\ ल्क518प्स्फ् ज् उ{ ; द्बफ्फ्लोस् ह्ग्त्स्फ् ह्ज् ग्: त्/दफ् ; व्फ्/ न्फ्पग् स्फ्?द्फ् ह्फ् १ ल्ब०प्स्फ् 5 . ०; स्फ्ग्ग्न्द्स्फ् ; खोफ्दफ् ; ~रफ्न्त् क्/०फ् ह्ग्फ्?अफ् ह्ग्त्स्फ् ह्ज् ग्: त्/दफ् न्फ्प्स्फ् ; व्फ्/ त्फ् ह्ज्ज् स ल्ज् ल्ज् व्त्फ् ; #lf०फ् / ह्न्ज् फ्' क्/ल् ज् त्ग् ढ्ग्ल्स/०फ्स्फ् ल्फ्ग्दफ् एप्स् स्फ्? ; क्न् क्फ्; स्फ्? क्दफ् ल्न्प्स्फ् 5फ्.

क्|त्त' क': त्स्दफ् !) ज् 6फ् ; क्न् च्ए०फ्; ख्; द्फ्ज्/ल् उल्/प्स्फ् 5ग\ . ०ल् क्|त्ल'ग्ल्द'ह्स् ; क्न् च्ए०फ्; ख्; फ्ग् फ्ग्बफ्ग् स्फ्ग्ग्न्द् च्ग्त्उत्स्फ् क्/०फ् ह्ग्फ्? / च्ग् ०; फ्ेन्फ् ; +य्फ्?न्); ~रफ्ग् उ/स्फ् स्फ्ग्ग्न्द् ख्?स्फ् न्फ्ल् क्ग् द्ख'ल् क्०फ्{1; स्फ् ०(ख्ग्; स्ग् ल्ज् ज्फ्; उल्/प्स्फ् 5 .

उफ्फ्फ्न्/फ्ह ज्}ग्
/फ्लि6० ; एफ्ल्स्
ल्ज्ज् ज्फ्त्ज्/०फ् स्फ्ज्; फ्ग् फ्ग्बफ्ग् स्फ्ग्ग्न्द्

प्रस्तुतकर्ताको तर्फबाट...

सा गfj k0f; af6 klg dxTj k0f{pknAw xfl; n xg ; Sb5 e6g} pbfx/Of lj Zj j ftfj /Of sffj÷; fgg cgbfg sfoqmd c6t6t ; ~rflnt lj le6g kl/ofhngfaf6 kfg ; ls65 . vf; u/L h}j s lj lj wtf ; #lf0f, hnj fo'kl/j tg, d?e6ls/Of 606ls/Of tyf : yfglo ; dbfosfj lfdtf clej|4sf lfqdf ; ~rflnt ol kl/ofhngfx2sfj ; kmn sfoffj ogn| o; tYonf0{ kli6 ub5 . : yfglo ; fdbflos ; : yfx2sfj ; xsfoff sfoffj og ul/Psf ; kmn cEof; x2nf0{ ; w}xt u/L ; j{ fwf/Of hgtf ; Dd cgej cfbfgkbfg ugf dflWodsfl?kdf ofj k':ts tof/ ul/Psfj5 . cl3Nnf j ifx2df klg o: t}; kmntfsf s}L cEof; x2nf0{; d6l tof/ ul/Psfj k':tsklt ; fentf/ ; 3+ : yf / j ftfj /Of ; /4f0fsf lfqdf cle?lr /fVgk2af6 k}kt ; sf/fds kltlqmfno; j if{klgcsfj k':ts tof/ ugpT; fx ldn}sfj5 . k}tt k':tsdf !) j 6f ; kmn k0f; nf0{; d6l hlj 6t syfsfj?kdf ; dfjz ul/Psfj5 .

; dudf ofj k':tsdf ; d}6Psf s}L ; kmn cEof; x2af6 j ftfj /Of ; #lf0f; w} lhlj sfkfhgdf dxTj k0f{l; sf0{ePsfj5 . ol cEof; x2n} sfoqmdsfj ; Dk0f{k lfnf0{; d6g g; sklg ; fgg emen}sfj egj kSs}lbg5 e6g} xfdln}lj Zj f; u/sf 5fj. o; k':ts tof/Lsfj qmddf ; Nnfx / dfubzg ugkg}lj Zj j ftfj /Of sffj÷; fgg cgbfg sfoqmdsf /fli6o ; 0fhs ufkn/fh z/ rg / /fli6o sfoqmd ; xfos lj j}z zdf{klt cfef/ k\$6 ub}n}vg tyf ; Dkfbg ugkg} s}of clwsf/L w6oj fbsf kfq xgk65 . To: t} lj le6g ; 3-; +yfaf6 cf'gf ; kmn syfx2 pknAw u/fpg'xg} dxfg6fj x2sfj ; xof}usfj k}z+ f ug}kb5 . cfufdl lbgdf klg o: tf k0f; x2 k}tt ub}hfg}kltj 4 tf JoQmul/65 .

8f=w} uf}d
; xsfo{
sf7df8f}gkfn



वर्षों के क्रिषि से उल्लेखनीय नुपुण्योपयोगिता है

किन्तु

9

खोरियाबाट आधुनिक कृषितर्फका पाइला

“आधुनिक कृषि प्रणाली, बाली विविधीकरण र क्षमता अभिवृद्धिले चेपाङहरुको जीवनस्तरमा आएको परिवर्तनलाई नजिकबाट नियाल्ने जो कोहीलाई पनि विकासको राम्रो सङ्केतको अनुभव हुने गर्दछ।”

ती g j if{cl3; Dd h^aunsf lu7Vf Eofs', s6bd'h / c6o kmknh vfP/ uhf/f ub{ cfPsf dsj fgk/ sflnsf6f/sf dgfh khfnf0{ clxn} cfknh} ptkfbg u/sf c6gafnlaf6 dglu} vfg k{sf}5 . afabh{sf} kfnfb}v h^aun k6fgl u/L vf{/ofdf w/ yf/ c6gafnl nufpb}cfPsf pgsf}kl/j f/nf0{Toxfsf}cfo: tfn}dl: snn}b0{dlxgf klg klbgYof}. c6o cfbfgl}sf}sg}dfwod gePsf pgn}ufhf v}tl u/ b0{=rf/ k; f sdfpg ub{y}. pgnf0{ufhf v}tl ug{c}j}wflgs x}e}gl yxf t lyof} kzf; gn}sf/j fxl ug{ Sgl eo gePsf}klg x}f}g, t/ klg kl/j f/sf}xftdv hfg}sf nflu k{/Lsf}cfvf 5n/ v}tkfv}df ufhfsf}v}tl ug}j flotf lyof}.

ufhf lj qm u/ cfPsf cfbfgl} 3/vr{ 6fg} u/sf pgl clxn} of} ; d: ofaf6 d}Om kPsfdf vzL 5g}. ca pgnf0{vf}/of vg/ 89}hf} nufpb}k/Dk/fut 9^auaf6 v}tlkftl ugkg}c}j : yf 5g . u/sfggl?kdf ufhf v}tl ugkg}j flotfsf}klg c6to ePsf}5 . lxf} ufhf v}tl u/sf}hludf e6df; , rgf, l; dl, cfnh: tf gub}f}nl / lj le}g t/sf/L nufP/ lgw}S; 6 hlj gofkg ug{yfn}sf 5g}. o; n}; dfhd} pgsf}cnlu}klxrfg ags}f}5 . pgsf}of} gof; f}r / sfo{yfn}gl}sf}lj ifosf}rrf{ufp}df dfq ; lldt /xg . pgs}b}vf; slaf6 clxn} lhNNfsf gfd6f/ , sflnsf6f/ / ; l/v}tnufotsf ufpsf clwsfz ls; fgn}Jofj ; flos t/sf/L v}tl / kzkfng ug{yfn}sf 5g}.

ul/al / k5f6}kgaf6 j ifb}v ulh}cfPsf}r}kfa ; dbfodf vfBf}gsf}cefj dVo rgf}tl /x}sf} 5 . h^aun j l/kl/ ldlN}Psf}hludf vf}/of vg/ ul/g}v}tlkftl}n}pglx; nfo{b0{=tlg dlxgf klg vfg klbgYof}. j ifb}v cfknh} vgh}ft u/sf} hldgd} klg pglx; sf} xs sfod ePsf} lyPg . h^aun k6fgl u/ vf{/ofdf v}tl ug} xbf j ifft}df af9L, klx/fh} blv u/ nufPsf} afnlgfnl dfq}gf; fg ub}y}of} slxn}sf}xLft 3/uf7 g}klx/fh}n}hf}gl; d: ofn}; t}fpg}ub{of}. x/s j ifh; f}xg}af9L klx/fh: Tff k}sf}ts lj kbx;af6 s; /L aRg ; ls65 e}gl pglx; Dff r}tgfsf}cefj lyof}. o: Tff lj kbhf0{ pglx; b}j sf} v}h ; Dem}y} / o; nfo{ ; xgaf}x} csf}lj sNk pglx;df lyPg . o: tf lj kb}sf 36g}x; n} pglx; sf} hlj gz}hl si6s/ / hf}vdoQm /x}b} cfPsf} lyof}. h^aun j l/kl/ hf}vdk0f{ : yfgdf j ; f}f f; ug} ePsf}n} k}sf}ts lj kb}sf}klxn}f}l; sf/ pglx; g}kg}ub}5g}.

lj kb} 6} pglx; vfBf}g ; ^as6sf} ; d: ofaf6 klg Tolt g} lrl}tt lyP . kl/j f/ ; Vof 7hf} / cfo: tf sd xbf ; wh; f} xftdv hfg} ; d: of kb}of}. h^aundf kf0g} ; docg; f/sf kmknhaf6 klxn}sf j ifx;df t s}kl /fxt ldnbYof} t/ o; sf} lbuf}kdf pkofu ugkb5 e}gl 1fgsf}cefj n}ubf}j if}kR5}h^aundf kf0g}kmknhx; lj g; xbf vfBf}gsf}; ^as6 cem a9/ uPsf} lyof; o; /L clz}ff / ul/alsf} bZr}qndf k/sf} of}; dbfosf} pTyf}gsf} gdddf w}sf}of}ndx; sf}of}j ogdf cfP t/ tldWo}sdh}dfq j f: tlj s cy}df pglx; nfo{ ; lfd / ; anl}S/ofdf ; xofu ug{ ; s}sf 5g}.

lhNnfsf gfd6f/, sflnsf6f/ / ; l/v]tdf k: tff]v af; ffa; ub}cfPsf r}kfa ; dbfonf0(nllft u/l /fli6o k\$fk hf]vd 6o]gs/0f s]b\$]kxndf ; ~rfInt -:yfglo ; 3; +yfsf] lfdtf clej]4 tyf 1fg Joj :yfgdfrknt e"-kl/lw txdh hl]j s]kfhg pTyfgzln kl/of]hgf_ n]eglj f: tl] s ?kd}cfkik; s]f hl]j g: t/df ; wf/ Nofpg ; s]s]f pglx; s]f 7Dof0 5 . hfkfg ; /sf/s]f ; xof]udf ; ftfpfd cleofgaf6 ; fdbilos lj sf; tyf 1fg Joj :yfg cGtuft o; kl/of]hgf] h]j s lj lj wtfsf] ; #l0faf6 :yfglo ; dbfosf] lfdtf lj sf; ; u} cfocfhgsf e/kbf]lj sNk;df ; lfd agfpg hf8 lbPsf] 5 . ca pglx; u]hf v]tlaf6 c6o cfodhs cGafnl tkn} cfslift xg yfn]sf 5g. o; n]pglx-; s]f]hl]j g: t/df ; wf/ dfq cfPsf]5g, h]j s lj lj wtfsf] ; #l0f / ; dfj]zlj sf; s]f cleofgdf goff kf0nf ylkPsf] 5 . ; fy; fy) af9L, klx/f]h: Tff k]s]ts lj kb\ hf]vd 6o]gs/0fdf klq goff cEof; s]f yfngl ePsf] 5 .

o; kl/of]hgf sfof]j og eP; u} :yfgloj f; L u]hf v]tlaf6 lj :tf/} cb] f, a; f/, s]f, eD6/h: Tff gub] afnl tkn} cfslift ePsf 5g. ca pglx; hyfef]l v]f]/of v]tl k0ffnlaf6 Joj l: yt tl/sfn] v]tl ug{ ; ? u/sf 5g. lxhf] u]hf v]tl ub} cfPsf] %) x\$6/ lfpdf pglx; n]s]if j g lj :tf/ ug]sf] ; fy)#) x\$6/ le/fnf] hldgdf s]if kl] lw ; ~rfng ePsf] 5 . s]if j gdf cfwf]/t hl]j s]kfhg cleofgn] r}kfa ; dbfosf clwsfzn]/fd] cfo; ft k]kt ug{ ; lfd ePsf 5g. clxn] ! (x\$6/ hldgdf nuf0Psf] cb] f, a; f/, eD6/ / s]f/af6 ox]sf b0{ ; oe6f a9L s]f]sn]/fd] c]dbfgl u/sf 5g. dlxgdf]s]l/a ? @% xhf/ cfhg ; lhn)xg]u/s]f] :yfglo ls ; fgx; atfp5g. o; df w]f]vghft ug(gkg] kfgl klq grfxg] / df6]nf0{ cfj Zos k]f0f t]j kbfg ug] ePsf] ls ; fgx; cfslift ePsf xg].

le/fnf] hldgdf ds}afx]s c6o cGafnl x65 e6g] :yflgo r}kfa; x; n]f0{ hfgsf/L lyPg . o; n] ubf] pglx; Ps]vnsf] afnldf lge/ /xbf s]j ; fn ds}pTkfbgdf x]f; eof] eg] To]f j if{ j ife]l/ e]sd/Lsf] ; d: ofn] ; tfp]of] . kl/of]hgf] lbPsf] le/fnf] hldgdf cfwlgs v]tl k0ffnl; Da6wl tflndn] cfkik; s]f cfvf vfn]s]f atfp]5g] sfn]sf6/ b]p]t; sl sfnldof k]hf . le/fnf] hldgdf vghft gu/L bnxxg afnl nufpb] df6] alg agb xg] / pTkfbg klq /fd] xg] xbf o; af6 /fd] c]dbfgl xg] pgs]f cge] 5 .



dflyNnf] hnfwf/ lfgdf ul/Psf] j [f/fk0fn] tNNff] hnfwf/ lfgsf] kfgLsf] axfanf0{ sd
u/}sf] 5 / df6}sf] cf]; nfkgnf0{ ; wf/ u/L ; Dk0f{ lfgfnf0{g}v8/Laf6 dOm u/Psf] 5 . pk-
hnfww/ Joj :yfgk ; ldltsf] u7g / lj le6g l; lrf0 tyf vfgkfgl ofhngfsf] lgdff0fn]
Toxfsf ; dbfonf0{ v8/Lnf0{ klxn}e6bf a9L ylg ; lfd agfPsf] 5 . j ftfj /0flo / :yfglo
knf0bfsf nflu !% x\$6/ hldgdf kf^aufi/s slif v}Lsf] ; ?j ft u/k15 ** sifsn]? !)
nfv; Dd cfhg ug{ ; lfd ePsf 5g}.

slk6f/df /x}sf] l/0n}v}nf vfgkfgl ofhngf, bpl; df x/}sf] k/^av}nf vfgkfgl ofhngf
/ u/f^adf /x}sf] ldlDt}v}nf vfgkfgl ofhngf;sf] ddt ul/Pk15 ca ofxf *) 3/w/Ln]
lgoldt vfgkfgLsf] ; lj wf klg kfPsf 5g}. w/} ePsf] kfgLn] #s=% x\$6/ hldgdf l; lrf0
ul/Psf] 5 . kltx\$6/ !) lSj 6nsf b/n] pTkfbstj a9fpg tlj 6f l; lrf0 k0ffnl / !)
j 6f ; #lft kfjv/Lsf] kbMgdff0 ul/Psf] 5 . klxn ; Svfofddf l; lrf0 / vfgfsf nflu
kfgLsf] Joj :yfgk ug{ To; lfgsf] dVo rbf}L lyof] . 3/ cfugd} vfgkfgLsf] ; lj wf
pknAw ePsf] 306f}nufP/ kfgl eg{ hfgkg{ afemaf6 klg dlxn, afnafnsfx; dOm
ePsf 5g}. ca kn; }sf] ; donf0{ pglx; afnaRrfsf] x/lj rf/ / ; fdlhs Pj d/
fhglts ultlj lwdf ; xeful xg yfn}sf 5g}.

kl/ofhngfn] :yfglo ls; fgnf0{8fn] 3ff, u/sfi7 jg kbfj / k/Dk/fut 1fg Joj :yfgk,
vfgkfgl, l; lrf0 ofhngf ; lk lj sf; ; Da6wl tflnd kbfjg u/k15 pglx;sf] 1fg, ; lk
/ rjtgf clej 14 ePsf] 5 . \$#=% x\$6/df 3ff; / 8fn}3ff; nufP/ ls; fgx; kzkfngtkn
cfslift ePsf 5g}. o; n]Pstknj ftfj /0fdf xl/ofnl / df6}sf] pTkfbg z1Qma9fPsf] 5
egjcsf] t/ e"-lfodf lgo6q0f u/L af9L, klx/fh: Tff kf}st}ts lj kbhf0(w/}xb; Dd lgo6q0f
u/}sf] 5lxhf}h: tf] af9L, klx/f}sf] ; d:of ca 5g} gfd6f/sf 0dfg l; x an, 3y}E}n]
egj ...; fgj} kbf; af6 klg ufp}sf] lj sf; df pNn}vglo kl/j tg cfp; ; Sb5 e6g} pbfx/0f
xhdlaf6 w/}h} l; Sg ; Sb5g}.ll

kl/ofhngfn] hllj sfkfhg ; wf/sf nflu sifsnf0{ rqn}o sifc}tut} cbj f / a; f/sf]
alp pknAw u/Psf] 5 . t/sf/Laf6 e6bf klg alplahgaf6 a9L cfly} nfe lng ; lsg]
ePsf] sltko sifsx; o; tkn}cfslift ePsf xg}. alp ; lhnf; l; 9j fgl ug{ ; lsg]
laugj vt/f gePsf] a9L d}krf} xg} ePsf] ls; fgx; :yfglo khf}tsf lapx; pTkfbg
ug{cfslift ePsf xg}. pglx; n] pTkfbg lapj hgn}ahf/ klg /fd}kfPsf] 5 . slxn}sfxl]
cfk}h; l; k; f gePklg sifsx; lj le6g ; xsf/Ldfk}t ; lhn} shf{ ln65g} .
pglx; sb}g sb}; xsf/Ldf cfj 4 ePsf] cfj Zos k/}sf] ahf C0f lng sb}; d:of 5g]
. o; n] ubf{ca pglx;nf0{ ; fx; l; rsf] Jofhdf C0f lngk} j fWotfsf] cGto ePsf] 5 .
cfk}h} sdfPsf] k; f klg hyfefj L vr{gu/L art ug{cfbtsf] lj sf; n] ubf{5f}b} ; dod}

oxfsc clwsfz j fl; Gbfsfj cflyx x); otdf 7hfjkl/j tg cfPsfj; lhn}bVg ; lsg5 .

; fwf/Of klj lwsfj kpfju u/L k/Dk/fut 1fgnf0{ kff; fxx lbP/ g) kl/ofhngfn] oxfsc j fl; Gbfsfj; fdfhs-cflyx x); otdf 7hfjkl/j tg Nofpg ; km ePsfj 5 . ; fy) o; n] hj) s lj lj wtfsfj; #lf0fdf klq plQs}ofjubfg klusfj 5 . j iffbl v clzIf, ul/al / k5f18 kfl/Psf r}kfa ; dbfonf0{ nllft u/L ; -rfng ul/Psfj o; kl/ofhngfn] xfl; n u/sfj ; km cEof; nf0{c6o uflj ; x)df klq kpfjudf Nofpg yflnPsfj 5 . af9L / klx/fh: tf kfls}ts hfjvd Gogls/Oftrk}r}kfa ; dbfonf0{ cu| / u/fpg'g) o; kl/ofhngsfj dVo ; kmntf dfg ; lsg5 .

:yfgloj f; L cfkngf] cfo: tfdf j [4; E} r}tgdf cfPsfj lj sf; n] ca : j f:Yo pkrf/ / afnaflnsf] lzIfdf vr{ug; lfd ePsf 5gl. : j f:Yo / lzIfsf] cefj sf sf/Of r] kfa dlxndf 7hfj; d: ofsf] ?kdf /x}sf] kf7B/ v: g] /fjkl}t klq ca pglx) rgfvf] ePsf 5gl. kl/ofhngfn] : yfglo : j f:Yo rfs}sfj; xofjudf klxn}k6s %& hgf dlxnfsfj; km pkrf/ u/f0k15 o; ; d: ofnf0{ n}sfP/ /Vg xbg; ; dod} pkrf/ u/fpg' kb5 egl r}tgfsf] lj sf; klq ePsfj 5 . dlxnfnf0{ rf]L lzsf/L /fsyfd sfogndf kl/rfng ul/Pk15 clxn} rf]L lsf/L / jg lj gf; xbl qndf em8)* kltztn] sdl cfPsfj 5 . ; du lj ftf/ j /Oflo : j R5tf kj 4g ug}sf nflu lj iffbl sl6gfis, /f; folgs dnsf] kpfjudf sdl u/L kfa ufl/s v}tlnf0{kff; fxx ul/Psfj 5 .

kl/ofhngfkl5 cfkng}sf] r}tgf: t/df cfPsfj kl/j tg / ; zQns/ofnf0{ sfndf of



:yfglo afl; Gbfx?nf0{ tfnldsf] kpfjuTds s lff lbb)

klhf ; ajeGbf 7hif pknIAw 7f6bI5g) . rhfrfj\$, dhfkftd) ; do Joltt ub} cfPsf rjka ; dbfosf dlxfx; s}L j ifcI3; Dd klg ufPbf goffdfg; cfPdf 3/leq nSg] ubj} . cfkntdfly h: Tff; s} c6ofo ePklg rkrfk ; xg afllO lyP . cfkntgf clwsf/sf af/df xfdl dlxfdf ; rjtg cfPsf]5 sfndfofn]elgg) .

clxn]lj sf; sf x/s lqofsnfkdf oxfsf dlxfsf] ; xeflutf a9]sf]5 . o; n]pglx; df cfiDan a9]sf ; fy) ; fdfhs cfly\$ x) ; ot klg a9]Psf]5 . kl/of]hgfn]oxfsf rjka / tdf^a ; dxnf0(nlft u/L ; ~rfng u/sf sfoqndx; af6 b0{ ; oegbf a9L k]oIf?kdf nfeiflj t ePsf 5g) . ; Vofsf]lx; fan]xpf!() rjka / !% tdf^a kl/j f/sf] hljg: t/df ; wf/ cfPsf]5 . To; df klg &) kl}zt dlxfsf] ; Vof /xghf0(kl/of]hgfsf] ; kintfsf] dVo s8L dfG ; IsG5 . n]us / ; fdfhs ; dfj}zltfnf0(sfoqndn] ; ?b}v g]klyldstf lbPsf]o; ; dbfosf dlxf / ul/an] cfly\$ lj sf; / lfdtf clej]4sf cj ; /x; kfi(t u/sf 5g) .

kl/of]hgfn]ol tlg uflj ; df j ; f]j f ; ug]rjka tyf tdf^a ; dbfonf0(cfkn]gf]clwsf/kl}t klg hfuf? s u/fPsf]5 . j iff]v cfknt]kl; gf aufPsf] kfvsf/L klg pglx; sf] gfd df btf]lyPg . cfknt] vglvf; ll u/sf] hldgdflysf] xsef]usf] clwsf/ / df]xofgl xssf]



: yfgo afl; Gbfx? cld; f] nufpg] cleofgd] Jo: t

af/pf ca pglx; ; rjt agjsf 5g\ . pglnf0{ cfkntj} clwsf/sf af/pf /fli6o sfggdf ePsf Joj :yfx; tyf c;t/fli6o sfggsf/af/pf ; dlt hfgsf/L /Vg yfn}sf 5g\ . o; n]ubf{ hldg, kfgl / j gh: tf kf|s|ts ; f|tdf pglx;sf : j fldTj : yflkt ePsf|5 .

df|ns ; +s|t / klxrfgdf cNk; ^aVos / lk5l8Psf| o; ; dbfosf| ; xeflutfn| ; dfj zL lj sf; cj wf/0ffsf| yfngl ePsf| 5 . o; sf| ; km l; sf0nf0{ l5d}sl cGo kfr ulj ; n] klg cg; /of u/sf 5g\ . cfkntj} Gog ; fdfhs Pj d\ cfly} :t/ / lfdtfsf sf/of kf|s|ts k\$fk / hnj fo'kl/j tgsf|c; /nf0{ ; fdg ug{c; dy{rk^a tyf tfdf^a ; dbfosf dflg; df ca hnj fo'kl/j tgsf| cgshg lfdtf j|4 ePsf| 5 . kf|s|ts k\$fk sf hf|vd Gogls/0ffsf lj lw / cEof; sf af/pf hfgsf/ 5g\ . cfwlgs s|lf k0ffnl, afnl lj lj wls/of / lfdtf clej |4n}rk^ax;sf|hljg :t/df cfPsf|kl/j tgnf0{ glhsaf6 lgofNgj hf| sf|Xnf0{klg lj sf; sf|/fd| ; ^as|tsf|cgej xbjub5 .



:yfglo dlxnf a; f/sf|rfgf agfob}



२

किम किराँत

विश्व [सर्ग/सि] ; #100दकित् xl/t dfu{agf0b}

बगर कृषिभूमिमा परिणत

“स्थानीय समुदायको सहभागितामा बगरमा परिणत भएको हाँडीखोला गाउँलाई पुनः पहिलेको अवस्थामा फर्काउन सफलता प्राप्त भएको छ । स्थानीय समुदायको मागअनुसार यो परियोजनाले मुख्यतः चुरेको स-साना खोल्सीहरुमा चेकड्याम निर्माण गरी तल्लो भेगको बस्तीको सुरक्षा भएको छ ।”

ॐ sf; df sfnf] afbn d8fl/g yfn]k15 dsj fgk/ lhNnf xfbLvf]nf 7f8f]v]nf]sf dl7faxfb/ l; hfnl /fte/ hfuf]d a:by] . j iff]t'n] :yfglo 7f8f vf]nf / vf]N; fx?df cfpqj vx/] af9L / klx/f]n] j :tl gj aufpnf eGj lrG]tn] pgnf0{ lgbf nfb]gYof] . pgl dfq}xf]Dg, o; ufp]sf clwsfz j fl; Gbf j iff]ofd ; ? ePK15 aflrg]x]l]s xf]Dg, ePsf]v]t]af/L klx/f]n]n]hfg]x]l]s eGjlrG]tn]lk/f]n]y] . cfkil; fgf]5bf of] 7f8f] vf]nf ; f]u/f] lyof] / o; sf] b] jtkn] /fd] v]tx? ePsf] dl7faxfb/nf0{ clxn] klG ; Dengf 5 . @%=#) j iff]c13; Dd ; lhn}kn8's/ j f/kf/ ug{ ; lsg] 7f8f]v]nf clxn] !%) ld6/eGbf a9L rf8]sf] au/df kl/Of]t ePsf]b]v]bf pgnf0{ cfZro{nfbg' : j efl] s g] x]f]x/]s j iff] clncln ub} ; a}v]t au/df kl/Of]t eoff] pgl eG5g) ...o; /L ; lhf v]t au/df kl/Of]t x]nf eGj] dh] ; f]r]sf] klG ly0g .ll

e]08} b0]txf0{ efu r/] >P]vnfdf kg] o; uflj ; c6o uflj ; sf] thgdf e"-lfosf] b]i6sf]fn] a9L hf]vddf /x]sf] 5 . l] leG ; -; fgf vx/x? ldl; P/ ag]sf] 7f8f]v]nf]n] To; sf] cf; kf; sf a:tl v]t]af/L tyf efl]ts ; #rgfnf0{j iff]l hf]vddf kf/]sf] 5 . vx/] vf]nf]n] j/k/sf] v]t]lof]b hldgnf0{ au/df kl/Of]t u/]sf] 5 . tNnf] e]ust] hldg au/ ag] kl5 Toxf]sf] ; dbfo qm]z]ldf]y kf]v]t/ ; b]hfg yfn]sf lyP . j g lfg]sf] clt qm]Dof, 5f8f r]l/r/gn] ubf{ af9L, klx/f]sf] ; d:of a9] ; f]j v]t]lof]b hldg au/df kl/Of]t xbf vfBfg]sf] cefj xg yfnof] . lbu] sf]if ; xsf/L ; +yf lnld6B 7f8f]v]nf]sf cWol]f xl/fnfn :ofE tfg eG5g) -...of] kl/of]hgf nfu" xgeGbf klxn] kf]om x/]s j iff]t]sf] ; dodf af9L klx/f]af6 Ps-b0]hgf dflg; n] Hofg udfpg'kYof] clxn]af9L / klx/f]df k/L csfn]d ; :sf] d]o' ePsf] 5g] .ll

kl]os j iff] iff; ? xg]c13 klx/f] / af9Ln]s]slt lfl]t ug]x]f]eGj]lrG]tf ug]xf]BLvf]nf]sf j fl; Gbf



v]nf lsgf/ ; #l]0fdf :yfglosf] ; xeflutf

clxn] eg] 9Ss b]v65g\ . 7f8f]v]f]nf / c6o vx/x?df r]s8bfd, ullgaN6sf] lgdf0f
 ul/Pk15 j iff]sf] kfgl; 6} cfp]g] af9L / klx/f] lgo6q0f ePsf] 5 . e"-lfonf0{ sd ug{
 cf7j 6f r]s8bfdx? / gf] :yfgdf ullgaN6x? lgdf0f ePsf] 5g\ . o; /L r]s8bfd / ullg]]
 N6sf] sf/0f \$)) x\$6/e6bf a9L x); ot laul]sf] hldgdf ; wf/ cPsf]] ; 6fnl atfp5g\
klxn] v]f]nf] lauf/]sf] 7fpk? lj :tf/) /fd]] xb5 . tl au/df kl/0ft ePsf] hldgdf
 ls; fgn] lj le6g c6gafnl nufpg yfn]sf 5g\epgn] eg] . vx/]sf] s6fgsf] ; d:of sd
 xb} uPsf] / au/ lj :tf/) v]tlof]b hldgdf k6M:yf]kt ePsf] b]v]f uf]p]df vZlofnl
 5fPsf] 5 . pgl e65g\ ...lj gf; ug] klg dflg; g}/x5, lj sf; ug] klg dflg; g}/x5 .ll
 vNnf rl/r/0fdf /f]sf ul/Pk15 j gh^unsf] j]4 ePsf] kfglsf ; f]tx? klg a9g yfn]sf
 5g\ . oxL qndn]?v lj ?j fsf] ; #f0f ePdf s}xl j ifdf k'}au/ 3gf h^undf kl/0ft x}j cfzf
 :yfgloj f; Ldf knfPsf] 5 .

vNnf rl/r/0fdf /f]sf ul/Pk15 j g h^unsf] j]4 ePsf] kfglsf ; f]tx? klg a9g yfn]
 sf 5g\ . oxL qndn]?v lj ?j fsf] ; #f0f ePdf s}xl j ifdf k'}au/ 3gf h^undf kl/0ft x}j
 cfzf :yfgloj f; Ldf knfPsf] 5 . o; /L ; fg] ; xof]un] 7hf] pkn]Aw xg ; S5 e6g] pbfx
 /0f x}BLv]f]nf u]lj ; -\$, 7f8f]v]f]nf e]udf clxn]cfPsf]kl/j t6af6 kfgp ; ls65 . ; 0Qm
 /fi6 3lo lj sf; sfogndc6tu6 lj Zj j ftj /0f sf]f÷; fgf cgbfg sfogndsf] cfly6
 ; xof]udf ; g@) !# gfe]a/af6 ; fdbflos lj sf; ; +yf -l; l8cf] gkfn_ dsj fgk/n]
 r']e]dsf] cksif0f 6o6]s/0f tyf ; dbfo Joj l:yt lj sf; af6 hllj sf]kfhgdf ; wf/
 gfd s kl/of]hg f o; 7fpdf ; ~rfng u/k15 e"-lfo 6o6]s/0f; 6}dflg; sf] r]tgf: t/
 df cPsf]kl/j t6nf0{lj sf; sf] /fd] ; r]ssf]?kdf lng yfn]Psf] 5 .

:yfgloj f; Ldf 0dfbf]l/tf / kl]tj 4tf ePdf lj sf; n]goff :j ?k lng ; Sb5 e6g] pbfx/0f
 klg o; 7fp]n]]bPsf] 5 . ; dbfosf] ; lqno ; xeflutf / :ki6 bl]i6sf]0f ePdf lj sf; n]
 ult ln65 e6g] s'f 89 j if]sf] cj lwsf nflu ; ~rfng ePsf] o; kl/of]hgaf6
 kfgp ; ls65 . :yfglo ; dbfosf] ; xeflutfdf au/df kl/0ft ePsf] x}BLv]f]nf uf]p]nf0{
 k6Mklxn]sf]cj :yfdf knsf]bg ; kn]tf k]kt ePsf] 5 . :yfglo ; dbfosf]dfucg; f/ of]
 kl/of]hgfn]dVotM r']sf] ; -; fgf v]n] ; Lx?df r]s8bfd lgdf0f u/L tNnf]e]us]a: tLsf]
 ; /If ePsf] 5 .

sfd ug]nf0{w} ; do kv6'kb6 . 89 j if]sf]cj lwsf nflu ; ~rfng ePsf]o; kl/of]hgfn]
 :yfglo ; dbfosf] ; xeflutfdf au/df kl/0ft ePsf] o; uf]p]nf0{ k6Mklxn]sf]cj :yfdf
 knsf]bg ; kn]tf k]kt ePsf] 5 . :yfglo ; dbfosf]dfucg; f/ of]kl/of]hgfn]dVotM r']sf]
 ; -; fgf v]n] ; Lx?df r]s8bfd lgdf0f u/L tNnf]e]us]a: tLsf] ; /If ePsf] 5 . ; fy} ullgaN6
 lgdf0fn] v]t]sf] x); otdf ; wf/ u/L v]tlof]b hldgnf0{ au/df kl/0ft x6af6 /f]sf]sf]
 5 . ; dbfo tyf kl/of]hgdf ; nlg kl]j lwsaf6 5gf6 u/L r]s8bfd / ullgaN6 lgdf0f



vfhf lsgf/sf; #1f0f u/l vjtlof/b hdlg hfuf0b}

ul/Psf]xf]. lgzro g)r/]sf]uN5lx?df r]s8bfd agfpg Tolt ; lhnf]eg] lyPg .
r]s8bfd agfpg cfj Zos 9^auf glhs gkf0g]ePsf]n] :yfglo k]l0js 3w/lSf ; b:on]
8f]sf] sf]qndf 6f9faf6 af]s/ NofPsf lyP . ufph]sf] ;fdlxs k0f; df vfhf lsgf/fdf
ullga]N6sf] lgdff0f ; Dej ePsf] lyof]klxn] t af]s/ NofPsf] 9^aufn] vfh]fsf] s6fg
s]/f]Sg ; lSPrf / ll eGg] nfuf]sf] lyof]ll ; yfgloj f; L /fhsdf/ kf]v0 e65g]...t/ clxn]
ullga]N6 agkl5 9Ss ePsf 5f]. vfgkfgl, :sh tyf df5fk]v/l lgdff0f] xdf]l z]l]fs
tyf cflyS hlj g:t/df ; wf/ NofPsf] 5 .ll

uf]Psf]lj sf; lgdff0f; E]j ftj /0f ; #1f0f / hg:j f:Yok]t klg pglx? pl0s); r]t b]v65g].
bfp/f]sf] vkt sd u/L j gdf kg] lge/]tfd] sdl Nofpg ox]fsf !)^ 3/w/Ldf ; wf]l/Psf]
rh]f]h8fg ePsf] 5 . ; wf]l/Psf] rh]f]h8fg u/k]5 xkt]KR5]h^aundf bfp/f lng hf]gk]
af]Wotf gePsf] / 3/leq ef65fdf klg w] f]sf] ; d:of gxbf sfd ug] ; lhnf] / vfgf klg
l56f] kfSg] df0nl df0f :of^atfgsf] cgej 5 . Ps ef/L bfp/f]n] klxn] tl]g lbg k]0fpg
dlZsn xGyof] clxn] t b0(xktf ; lhn]kl5 pgn]elgg) bfp/f vfh]g h^aun hf]g] ; do c?
g]d]h]kft u/ cf]dbfgl ug] ; s]sf] 5' . 3/leqsf]w] faf6 xg] vf]nsf /f]uaf6 ; wf]l/Psf]
rh]f]k0f]ustf? hf]uPsf 5g]eg]bfp/f]sf] vkt sd u/L j g hf]ufpg ; d]t d4t kl]sf]
5 .

uf]Psf] ; dtfd]hs lj sf; sf nflu cflyS ?kn] k5f]8 k/]sf ul/a kl/j f/]sf] cfocfh]gd]
; wf/ ug] p2]zon] kl/of]h]gd]kft lj leG cfod]hs t]lndx? kl]g ; ~rfng ePsf
5g] . :yfglo @) hgfnf0(df/Lkfg t]lnd k]0fg u/L k]l0js ; b:onf0(@-@ j 6f df]l

3f/; d]t pknAw u/f0Psf]5 . klxn]k/Dk/fut 3f/df df]Lkfnq ub}cfPsf d^unaxfb/
?Dafn] tflnd; U}cfwlgS 3f/df df]L kfNg ; ? u/kI5 /fd] ug{ ; s]sf] atfp5g\ . dx
ajr/ pglx?n]df] ; s ? @))) b]v #))) ; Dd cfbfbgl ug{yfn]sf 5g\ .

cfkn]f]ufp]sf]lj sf; cfkn] ugkb5 eG]efj gfsf]lj sf; ePkI5 lj leG ; dXsf]u7g
u/L cfkn]f] ; d:of klxrfg ug] ; dfwfgsf pksfox? vf]Hj/ cfj Zos ; f]t sf]JoJ : yfkg
ug]af/df ufph]lr lgoldt 5nknm / cGtlqnf ug] qnd ; ? ePsf]5 . o; sf nflu !%
j 6f ; dXsf]u7g ePsf 5g]veg]Toxf cfj 4 ePsf ##&# ; b:oaLr k]o]s b0{dlxgdf
Psk6s lgoldt a]s a; L : yfglo: t/df pknAw k]s]ts >f]t sf]pkofu / JoJ : yfkg,
e"lfo xg]sf sf/0fx?sf] vf]hl xg yfn]sf]5 . ; d; fdlos ; d:ofx?sf] klxrfg /
; dfwfgsf pkfox?sf af/df 5nknm x]ju/sf]5 . ; b/d'sfd x]f]af6 !# lsdL kIZrd-
bl]f0fdf /x]sf] x]BLvf]hf uflj ; -\$, 7f8f]vf]hdf em08) ((kl]tzt hghf]tsf]j ; f]j f;
/x]sf]5 . pglx?df uf]p]sf] ; fg]f]tg]f]lj sf; sf nflu ca ; /sf/sf]dV gt]fsl ; fd]xs
k0f; df kl]g ug{ ; lS65 eG]ef]lj Zj f; a9]sf]5 .



vf]hf lsgf/sf]au/ xl/0fn]df kl/0ft xb}



pIkflbt t/sf/l ahf/ls/0fsj/nflu tof/l ubj

: kim k10nf

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मलाई मलेसिया पनि यहि ...

“पहिले त पैसा कमाउन विदेश नै जानुपर्छ भन्ने लाग्थ्यो तर अहिले यहीं बसेर मेहनत साथ खेती गरियो भने विदेशको भन्दा बढी कमाइ गर्न सकिने रहेछ भन्ने अनुभव चन्द्रकलाको छ।”

adnf0{lr6tf 5g s}l
dnf0{dnl}; of klg oxl c/a klg oxlÆ

च lrf t nfs ufos kzklt zdf{/ ; ltf s; lsf] nfs ult cd/ nfdfsf] hlj gdf klg 7bfSs}ldNg cfp5 . 3/sf] cflyS l:ylt sdhf/ /x}sf] / 7hf] kl/j f/ ePsf]n] cd/ nfdfnf0{3/ Joj xf/ wfg lgs}dlZsn ePk15 pgsf] dgdf klg lj bZ hfg] rfxgf lyof]. 3/sf] cfo:Tffn] j ifdf b0{dlxgf klg dlZsn] vfg klVof]. ufpsf ; fylx? lj bZ uP/ sdfPsf]bVbf pgnf0{klg c/a j f dn]; of hfpfs eGg]; flr gcPsf]xf]g . lj bZ hfgsf nflu pgl; Æ k; f lyPg, ; fx; Æ rsf]Jofhdf Cof lnP/ uof]eg]; flr h:Tff]sdfpg ; lSpG eg]pN6}C0fsf]ef/Ln]lylrg]8/n]pgn]Tof]hf]vd df]Ng rfxgg]. To; df klg 3/df ; fgf rf/ 5f]l, Ps 5f]f / j [4 aafsf]x/rfx PSn]>ldtlnf0{5fB} hfg klg dgn]dfgg . a? oxlf]g}s}l u5{eGg]; flr pgdf /xbf].

dsjfgk/ lhNnf gfd6f/ uflj ; j 8f g & l6d/}6f]n a:g] j if{#& sf cd/ nfdf laxfg a}h'sf xftdV hfg]sf nflu cg]S 7fpf efi}fl/P . pgl slxn] sf7df8f] t slxn] gf/fo0fu9df Hofnf dnb/L ug{ uPsf lyP . ; fgf; fgf afnaRrf ePsf]n] >ldtlnf0{ ltgsf] :ofx/; Def/ ugdf g} ; do laTYof]. pgs} kfv/fdf l; ^auf] kl/j f/ rnfpg' kg] ePsf]n] pgl b0{=rf/ k; fsf nflu h: tf; S} s8f kl/>d ug{klg kl5 kb}gy]. ; fgfltgf lj df/df klg pgnf0{cf/fd ug{k}t b ldnbgYof]. dfgf]pgl df]g; geP/ d]; g lyP, slxNo] lj >fd gu/L sfd ubf{klg b0{k}; f j rt ug{g; Sbf pgdf lvGgtf cfpG': j eflj s g}lyof].

t/ pgn] cfk}h] hit g} bMv u// klg 5f/f5f/Lsf] k7gkf7gdf eg] /fd}Vofn k}ofPsf lyP . cfk}h] /fd/L k9g g; Sbf o: tf] bMv Joxfgk{/sf] 7fGb}5f/f5f/Lnf0{/fd} Æ k9fpg] pgsf] wf]sf] lyof]. pgdf s}l kfl]j lws 1fg ePsf]n] v}tLlS; fg / Hofnf dnb/Laf6 ldxgtcg; f/ cfDbfgl gePk15 ufpsf] g}k}f]f] :6l8of, 38L, /18of] dd{t tyf laq}t s}b} /fv}sf lyP . o; df pgn]; flr}cg; f/ cfDbfgl xg ; sg . To; af6 klg pgsf] 3/ kl/j f/ rnfpg wf]wf]ePk15 pgn]cfDbfgl]sf]nflu ufpsf]df tof/L sk8fsf]Jofkf/ ug{nfu]. o; af6 klg pgnf0{vf; } dgfkr lg:sg . a? pN6} 3f6f ePk15 Ps dgn] lj bZ xfgg]; / s;]. To; sf nflu klg pgnf0{w}g}k; fsf] hf]xf] ugkg] lyof]. 3/fo; L cj :yf sdhf/ /x}sf]n] pgnf0{s; }n]Tolt w}C0f kTofPgg]. o; /L h]ug{v}f]hf klg c; k}ntf xft nfukl5 pgl lgs}lvGg ag]. t}klg pgn]x/s c; k}ntfaf6 x/; vfPgg]. x/; / r/; slxNo]gvf]' eGg]plQm; g]sf pgn]klxnfs}slif k; fnf0{c}ufNg]lgwf]u/].

pgl k/Dk/fut 9^auaf6 ge0{ p6gt klj lwaf6 slif kzf ug[; flrfo /fv/ ufpdf tfhf t/sf/L pTKfbs ; dx u7g u/ . ; ?df t pgsf] of] of]hgfnf0{ufpnh] vf; }Wofg lbPgg). slif lj sf; sfoffnodf ; dx bt{u/fP/ pgl cfknh]Pp6f 6g]ndf t/sf/L v]tl ug{ ; ? u/ . To; af6 sxl /fxt ldn]h: tf] eof] . t/sf/Ln] lj : tf/}cfdbfgl lbg yfnkl5 vhf 7fpdf klg t/sf/L v]tl ug{ ; ? u/ . lbgel/ t/sf/Ld}lqmfzln e0/xg gkg[ePsf] kni bsf] ; donf0{pkofju ub]pgn]ghs} ; fg] xfbn klg ; -rfng ug{yfn] .

klxn] sk8fsf] Jofk/sf] l; nl; nfd ufpdf uPsf] ahf pgn] g; /Ldf lj ?j f pTKfbg u/ a]r]sf] b]v]sf lyP . To; af6 /fd] knf0bf xg] hfgsf/L kfPsf pgn]g; /L klg ; ? ug]lj rf/ u/ . o; }lrdf @) ! \$ clk]df ; eQm/fi6^a8lo lj sf; sfoqnd, lj Zj j ftj /Of sff-; fgf cgbfg sfoqndsf] cflyS ; xof]udf axcfolds lasf; s]b]-Pd18; L-gkfn_ sf]k]lj lws ; xof]udf lffdf/ uflj ; sf] j 8f g[#] / & df e-lfo /f]sydãf/f hn] fo' ; dfgshgdf ; dbfosf] lbuf] hlj sf]kfhg sfoqnd ; -rfng ePk15 pgnf0{ 9Ef vf]hf bptf ldn] h: tf] eof] . To; kl5 pgsf] ; dx o; sfoqndf cfj 4 ePk15 axp4Zolo g; /L : yfkgdf lqmfzln xg yfn] . o; /L Jofj ; flos?kdf nuf0Psf] t/sf/L v]tlaf6 dg]u] cfdbfgl lng yfn]sf 5g) .

t/sf/Ln]g}cfknh] hlj gdf kl/j t6 NofPsf] cgej ; gfp5g]pgl . ds}/ sf]f] nufpbf Tot cfdbfgl xbgYof]pgn] eg]xfn t/sf/L nufpg yfn]kl5 j ifsf] cfwf nfeibf a9L sdf0 x65 . pgsf]kl/j f/ clxn] t/sf/Lsf] cfdbfgln]g}kfnPsf]5 . xfn pgnf0{t/sf/L lj qm ug{Eof0gEof0 xg]u/sf]5 . pgnf0{cfknh] pTKfbg aRg ahf/sf] ; d:of 5g . pgn] eg] . blw u/cg; f/ /fd]sdf0 ePsf]5 . U pgsf]af/Ldf afx]f; lj le6g hftsf df; dl / a]df; dl t/sf/L n6/Dd km]sf] b]v]g ; lsg5 .

xfn pgn]gfd6f/ uflj ; df !% /f]kg] hluf #) xhf/df ef8fdf lnP/ g; /L : yfkgf u/sf 5g) . g; /Laf6 lj ?j f lj qm]sf] cfdbfglaf6 ^% xhf/ ?kpf cfdbfgl u/sf 5g) . t/sf/L v]tl u/ gdf sf]s ag ; km pgn]Ps j ifdf tfhf t/sf/L a]r/ ?%* xhf/ cfdbfgl ug{ ; s]sf]pgl atfp5g) . ca pgnf0{3/vr{kfofpg st}sfdsf] vf]hdf e]ffl/gkg]cj : yf 5g . 5f]f5f]Lsf] ; lhn}k7gkf7g u/fpg ; s]sf 5g) . Ps j ifc13; Dd b05fs 6fg(klg wf] wf]xg]u/sf]pgsf]kl/j f/sf]cflyS l:ylt lj : tf/dfly p7sf]5 . 3/vr{rnfP/ dlxgdf ca b0f-rf/ xhf/ ?kpfarfpg ; s]sf]pgl atfp5g) . olt l56]hlj gdf kl/j t6 cfpnf e6g] pgn] ; fl]sf klg lyPgg) . pgl 565g)...dxgt / ; lkcg; f/ sfd ug{ ; s]df oxlf5 ; fpbl / dn] ; of . d t ca oxl k; fnf0{clfn] cl3 a9g5' . U

sx/kl5 km/Psf]dx/

b0{ j ifc13; Dd Gfd6f/ uflj ; sl r6b\$nf ?Daf 3/fo; L sfdafx]s clzlfnn) ubf{ c? sfdw6bf ug(ghf]g] ePsfnn) 3/d) ; lldt ly0g. 5f]ln] k9g xbg e6g] ; fdf]hs c6wlj Zj f; / 3/sf] cfly\$ cj :yfn] ubf{pgsf] lj Bfno hfg] rfxgf slxNo)k7f ePg . ; fg] pd/d) lax] eP/ csf]sf] 3/df uPk15 t dhfkft, 3/w6bf / rhfr]f]sdf g)pgsf] cfwf hlj g laTof] . cfk]f] kof]t hluf gePsfnn] csf]sf] hluf clwofff sdfP/ / Hofnf dnb/laf6 3/sf]uhf/f rnfpg pgnf0(xDd)Dd] kb]of] .

/ftkl5 laxfg ePh: t)pgsf] hlj gdf klg 3fd pbfof] . b0{ j ifc13; Dd ul/a kl/j f/sl ulx0flsf]?kdf /x]sl pgsf]PSSf; L kl/ro ; kmn dlxnf Joj ; folsf]?kdf kmnPsf]5 . gfd6f/ j 8f g# @ hl/v]t\$ \$) j if]bf r6b\$nf]sf]hlj gn]lj : tf]/sf]N6]k]g(yfNof] . 3/ pxL, kl/j f/ ; b:o plt g) t/ km]l/b]f]hlj g . j Nnf]Nnf]ufpbf ; d]t nf0(glR6g]sd)xf]hfg] . ; ^BifzLn dlxn]sf]?kdf lrlgl65g\pgl . b0{5f]f, b0{5f]L / >ldfg u/L ^ hg]sf]kl/j f/ pgs}kfv/ fdf lge/ /x]sf]5 . >ldfg zfl//ls?kdf czQmePsfnn)3/ Joj xf/sf]lhDdj f/L klg pgs} sf]wdf /x]sf]5 .

ufpB/df c?n] t/sf/L v]t]laf6 k} f sdfPsf] b]v/ pgnf0(klg t/sf/L v]t]l ug] lj rf/ cfof] . hluf]sf]gfddf ePsf]cf7 s]f]df ; fg] v/sf]5fg]ePsf]3/ agfP/ a;]sf]lyof] pgsf]kl/j f/ . t/sf/L nufpg]k} : t af/l geP klg pgn]c?sf]clwofff sdfP/ v]t]l ; ? ul/g. yf]h]lufdf nufPsf]t/sf/Ln] ; ?d]/df]cf]bfgl lbPk15 pgnf0(Jofj ; flos ?kdf t/sf/L v]t]l ug]hfu/ a9bf] . sdfPsf]cfwf ; fx]hf0(lbgkb]of]/ ; docg; f/ lj plahg gkfpbf slxn]sfx]t pgnf0(v]t]l 5f]B/ c6o Joj ; fo ug]lj rf/ klg gc]Psf]xf]g . t/ To: tf]Joj ; fo ug(pgl; fu kl]hl gePsf]/ s;)n]b0{-rf/ xhf/ ?k]pfklg gkTofpg]ePsfnn) t/sf/L v]t]ld]lg/Gt/ nflu/xg\.

lg/Gt/sf] ; fwgn] ; km]tf lb65 eg] en] @)!\$ clkhk15 pgsf] t/sf/L v]t]ln] km]6fpg] cj ; / kfof] . ; 00m /fi6x ^B]lo lj sf; sfoqmd, lj Zj j ftj /of s]ff ; fg] cgbfg sfoqmd]sf] cfly\$; xofu / Pd18; L gkfn]sf] kl]j lws ; xof]udf uf]pbf e"-lfo /]sy]d]af/f hn]j fo' ; dfg]shgdf ; dbfosf]lbuf]hl]j sf]kfhg sfoqmd nfu"ePk15 pgnf0(9^uf v]f]bf bj] tf ldn]h: t) eof] . o; n] pgnf0(k]m t/sf/L v]t]ld] n]bg] k]0ff ldNof] . sfoqmd]lj le6g ; dxdf h]j s j ftj /0fd]ql tfhf t/sf/L p]kfbg; Da6wL tf]nd lbPk15 pgdf t/sf/L v]t]laf6)s]k] ug; ls65 e6g]cf]d]lj Zj f; a9bf] . pgnf0(n]lbf] ca aNn d]f]lh6buln]cg]s 3Dtl / v]f]rx? kf/ ub]d'h ; 8sdf cf0k]bf] . tf]ndn]pgn]

s; /l t/sf/l pTkfbg tyf ahf/ Joj : yfkg ugkg[/x5 e6g] yfxf kfPk15 pgn]Jofj ; flos 9^auaf6 t/sf/l v]tl ug[lgwf]ul/gl.

; ?df cfkngf] cf7 sff / c?sf] clwbf rf/ sff hldg lnP/ t/sf/l v]tl ug; ? ul/gl. ahf/df c?n]pTkfbg u/sf] t/sf/l cfpgc13 g)cfkngf] t/sf/l n]hfg ; s]a9l dNo kf0g] ePsf]n] pgn] !@ sff hluf ; abf abf; dl t/sf/lx? nufpg yfing\ . ge6b) ; flr]cg; f/ g] Ps]l; hgdf ; a}vr{s6fP/ pgn]?= Ps nfv %) xhf/ vb gkrf sdfpg ; kmn e0gl.

v]taf/ldf dn klx xg] / bw tyf df; 'laqni u/ cfdbfgl klx ug; [sg] ePsf]n] clxn] pgn] b0j 6f e] L / !) j 6f afvf] klx kfn]sl 5gl. kf^aufl/s dn /fv]sf] t/sf/l sf] dNo a9l kfg] / /f; folgs dn lsg] k; f klx art xg] b]vl e] L / afv]sf] dnnf0(esf/f] ; wf/ u/ ; wf/Psf] uf]7dn agfPsl 15gl. e] Lsf]lk; fa ; ^asng u/ lhj ft'dn / lutl dn agfP/ cuffgs t/sf/l v]tl u/]sl pgsf]o; sfohf0(ufpbf ; ah]kz+ f ug(yfn]sf 5gl. pgsf] t/sf/l cuffgs ePsf]n] dflg; x? v]h]lv]h]l 3/d) cfP/ klx w]k; f lt/ lsg] u/]sf]n] ca pgnf0(ahf/df aRg hfgkg[; d:of 5g . dNo klx /fd] kfPk15 pgsf] cly[s x]; ot a9g uPsf] 5 .

lxhf; dd csf]sf] huuf clwof u/ hgtj 3/ klj f/ rnfpb) cfPsl r6b\$nf clxn] ; dfhdf xg]vfgdf lrlgl65gl. b0(5f]l / b0(5f]n]f0(/fd] Sofdk; / :sh k9fpg ; lfd ePsl 15gl. pgnf0(3/vr]df sg] ; d:of 5g . klxn] v/sf] 5fk]df uhf/f ub] cfPsfdf pgn] clxn]? Ps nfv @) xhf/ vr{nufP/ h: tfsf] 5fg] ePsf]kSsl 3/ agfpg ; lfd ePsl 5gl. pgn]xl; n]ldxf/df elgg...1fg / ; lk kfPk15 cfkngf] dxgt]n] cl3 a95'.ll o; j if t/sf/l v]tlaf6 tlg nfv ?kbf sdfpg] pgsf] of]hg 5 . Tolt sdf0 ePdf 3/ / uf]n]f0(cnlw)ug[/ t/sf/l v]tlnf0(lj :tf/ ug[of]hg /x]sf] pgn] ; gf0g]. klxn] t k; f sdfpg lj b]z g] hfgk5(e6g] n]l]of] t/ clxn] oxlf a; / dxgt ; fy v]tl ul/of] eg] lj b]zsf] e6bf a9l sdf0 ug; [sg] /x5 e6g] cgej r6b\$nf]sf] 5 .

: yfglo ls; fg t/sf/l v]tldf Jo: t





किम किमि

tfn 5psf/a/foxdt{cgfj /0fsf}qnddf : yfglo ehf

जैविक विविधताको संरक्षणमा महिला सत्रिन्यता

“हरियाली जङ्गलबीच रहेको ताल, विभिन्न जनावर चराचुरुङ्गीको वासस्थान रहेको चरिङ्गेताल क्षेत्र अब जैविक विविधताले पनि भरिपूर्ण बनेको छ।”

प्रा s|ts ; f|tsf| ; #f0f tyf cfocfhgfsf lqmfnsnfkdf dlxnfsvf upfsvf klxrfg / hllj sfkfhgdf dxTj k0f{ofubfg klbg ; Sb5 eGg|pbfX/Of /fdk/ uflj ; sf dlxnf] b|vPsf 5gl. pglx?n] upfbd /xsvf r|/E] bxsfvf ; #f0fdf k0fPsvf ofubfgn] ubf{ tfn nfk xg|cj : yfaf6 hf]uPsvf dfq xfdg, Toxfsvf kfs|ts ; f|t / h|j s lj lj wtfsvf ; #f0fsvf ; fy} : yfglo ; dbfosf hllj sfkfhgdf ; dt ; sf/fds kl/j tg cPsvf 5 . xfnsvf 3f/fxl pkdxfgu/kfnsvf j 8f g+! / @ df cj l:yt r|/E] bx lfgkm / ulx/f0svf lx; fan] bf^a pkTosfleq kg| ; aebf 7hf] tfn df]g5 . r|/E] ; fdbfos j gleq kfr x\$6/eGb a9lsvf lfgkmndf k|nPsfvf of tfn sxl j iffcl3; Dd nfk xg|cj : yfdf klsvf lyof] . vf; u/L @)#^÷& svf hgdt ; ^auxsvf ahf k?)j g ; vfk kfl/Pk15 kxf8af6 au/ cPsvf df6f] n] tfnsvf cl: tTj d|6b}uPsvf lyof] . j g k|8fgsvf sf/of tfn j /k/af6 cfpj df6fsvf y|ufgn] tfnleq kfgsvf dxfg ePk|g| dxfg kl/Pk15 cfsf; j kfgldf lge/ xg| ePsvf] lxpbsfvf ; dodf kfgsvf ; tx lgs}sd xg|ubf]of] .

afaafhsvf kfnb]v tfnsvf j /k/ a:b} uhf/f rnfpb} cPsvdf Psvf; L p7ljf; xg|cj : yf cfpbf klbg s| sf/ofn] o: tf] ePsvf 5 eGg| pglx?nf0{ kQf] lyPg . j g h^aunsvf a8fgl xg| glbg / tfn lfgsvf plrt ; #f0fdf Wofg glbvf tfnsvf cl: tTj d|6g nfu]svf eGg| pglx?df r]tgsvf sdl lyof] . tfnsvf cl: tTj d|6g] qnd; E]To; df cfl>t ; dbfosf hllj sfkfhgdf ; dt ; d:of cfpj yfnk15 : yfglo ; dbfo a9l lrlgtt xg| yfn] . lj : tf} tfnsvf nfk xgsvf dVo sf/of a9bv] j g lj gf; x| eGg| aenk15 o; svf ; #f0fdf PsvrQ e0{nfluk/sf 5gl.

tfn kl/b}uPk15 tfn j /k/sf j fl; Gbfsfvf cfo; f|tdf c; / dfq u/g, sltko j GohGt'klg ; /lft jf; : yfgsvf cefj df nfk xg| yfn]sf lyP . tfnsvf cl: tTj x/fpg yfnk15 To; j /k/ j; f]j f; ug| blnt, hghft / cGo hfltsf u/L sl/a @)) kl/j f/sf hllj gofkg lgs} si6s/ aGg yfnof] . clwsfz oj f sfdsfvf vfhldf ef/t / vf8l dh'stkn' hfg' kg|lj j ztf cPsvf] lyof] . tfnsvf cl: tTj d|6g] qnd; E]To; df cfl>t ; dbfosf hllj sf kfhgdf ; dt ; d:of cfpj yfnk15 : yfglo dlxnf lj leGg ; dx u7g u/L j gsvf ; #f0fdf lqmfzln xg| yfn]sf 5gl. tfn ; #f0f ug{ cnlw} ; ldl t u7g ul/Psvf 5 . afaafhsvf kfnb]v tfnsvf j /k/ a; L uhf/f rnfpb} cPsvdf Psvf; L p7ljf; xg|cj : yf cfpj yfnk15 j g h^aunsvf k|8fgl xg| glbg / tfn lfgsvf plrt ; #f0fdf dlxnf; E]k?ifn] klbg ; fy lbPsf 5gl. tfnsvf kfglnf0{ ; ~ro ug{ tfnsvf j l/k/ clhf] df6fsvf] 18n agfpg pglx?svf anatfn] ; Dej lyPg . o; }lr kofj /oflo lbuf] lj sf; Pj +cg; Gwfg s|b|h] ; 0Qm /fi6« ^aBlo lj sf; sfoqnd ÷ lj Zj j ftj /oflo sffclgtu{ ; fgf cgbfg sfoqndsvf ; xofjudf bf^a pkTosf hllj s lj lj wtf ; #f0f Pj +hllj sfkfhg kl/of]hgf ; ? u/k15 upfn]x?svf lrgtt cGo eof] . kl/of]hgfn] tfn lfgdf kl/Psvf efusfvf df6f] k|n/

tfn lj : tf/ ug/ / tfnb}v pQ/lt/ j foPlGhg/ /^a u/L j lff/ /k0fdf ; xofu u/kI5 lj : tf/ tfnn) cfkngj/ k/fqj : j ?k lng yfn}sfj 5 . j iff}sfj kfglnj ; f}ndf6f] aufP/ tfndf Nofpg gkcfj ; \eg/ pQ/L efudf #)) j f; sf lj ?j f / cldn; f}sf xhf/ /f lj ?j f nufP/ j foj 0lGhg/ /^a ul/Psfj 5 . tfnsf] blIf0ftkn}klg kSsl kvf}n nuf0Psfj 5 . tfnsf] lj : tf/n) klxn}sf] eGb} kfr s/ /B \$# nfv ln6/ yk kfgl c6j] ePsfj 5 . o; tfnsf] kfglaf6 nueu ; o x}6/ hldgdf l; /rf0 / : yfglo ; dbfosf] vfgkfglsf] >ft agsf] 5 . tfnsf] lbufj ; /If0fsf] nflu df5fkfng u/L o; af6 k}t cfd}bfgl tfnsf] ; /If0fdf nuf0Psf] kofj /Oflo lbufj lj sf; Pj +cg; Gwfg s}b}sf cWOLF l8Nnlaxfb/ /fpt atfp5gl.

tfnsf] cl: tJ h}hfP; l} : yfglo dlxfn ; fdbflos ?kdf r/f ; /If0fdf h6}sf 5g\ . dlxfn ; dxsf] ; lqmtfdf rI/E/ cf; kf; sf c6o ; fdbflos j gdf kf0g? v, en/ kft, j Goh}t; Is/ f kn6of^a u}sf] clen}v tof/ ug/ tyf lu4x?sf] uB cgludg u/L j }f]f]gs tYof /Vg] sf] ePsf] 5 . gkfind} klxn}k6s dlxfn}sf] cuj f0df ul/Psf] af}lj ?j f, r/fr?^aul, hgfj / / hl8a6}sf] clen}vls/Ofn]o; sf] ; /If0fdf ; lhnf]ePsf] do/ art tyf Cof ; dxsl cWOLF bj] sf kf08] atfpgx65 . pgl el65g) ...nfk xg] cj : ydf /x}sf af}lj ?j f, hgfj / / r/fsf] v}hl u/L Itgsf] ; /If0f klg u/}sf 5f}.ll

h}j s lj lj wtsf] ; /If0fdf dlxfn}sf] ; lqmtf olQd} ; lldt 5g . /fdk/ / lj hf/}sf dlxfn ; dxn} h^aundf lj df/ / 3f0t] cj : ydf k}nf kf/L NofPsf lu4x?sf] p4f/ u/L k}l}tdf 5f8g] ul/Psf] 5 . oxflj /fdl cj : yfsf] lu4sf] p4f/ / pkrf/ x65 e6g] Jofks k}f/k} f/sf sf/Of c6oqaf6 klg o; lu4 /16/06df Nofpg yfnPsf] Gofp/L dlxfn ; dxsl ; lrj 6sdf of v8sf atfpgx65 . oxflj le6 lhnf / 7fp6f6 cfPsf yk} lu4sf] pkrf/ u/L k}l}tdf 5f8g] sf] ePsf] 5 . : yfglo lj Bfnof?df 0sf] Sna u7g u/L lj Bfyl{x?nf0{ tfnsf] ; /If0ftkn} ; r}tgf u/fpg] sf] ePsf] 5 . clxn] of] l}qdf nf}k}d}v cj : ydf kl}sf] sfnf] u?8 cfP/ a: g yfn}sf] 5 egl 8u/ hftsf] lu4sf] dVo jf ; : yfg g} agsf] 5 . oxflj le6 ! \$ kh}f}tsf j Goh}t' / &@ kh}f}tsf k65l kf065g\ . h^aunsf] 3gTj a9; l} r/L af3, ; f/ ; , do/nfuotsf lj le6 j Goh}t' / r/fr?^aul b}Vg ; ls65 . h}j s lj lj wtf ; /If0f; l} : yfglo ; dbfosf] hllj sf}kfhgdf ; wf/ Nofpg'cfj Zos ePsf] n}kl/ of}hgfsf] ; xofjudf dlxfn ; dxdfkn} j}d} dl t/sf/L v}tl nufot lj le6 cfod}hs, g}t}j lj sf; Pj dl n}v; Da6w} tflndx? ; -rfng ul/Psf] 5 . oxfsf k}f}M ; a} dlxfn}n} adf} ; dl t/sf/L v}tl u/ /fd} cf}dbfgl ug(yfn}sf 5g\ . lxpbsf] ; dodf tfndf kfglsf] kl/Ofd sd xg] xbf upf}gh}sf] r}k}v}nfaf6 kfgl klDk^a ug} ; lsPdf l; /rf0sf nflu ; xh xg] tfn ; /If0f ; ldltsf cWOLF cg6taxfb/ kf08] atfpgx65 . dOm sdpf ; sDaf; L, e}dxlg blntx?sf] a; f}j f; /x}sf] o; l}qsf dlxfn}nf0{ Rofp v}tl tflnd lbPKI5 /fd} cf}dbfgl ug}

; sjsfjh/nl dlxnf art tyf C0f ; d'xsl cWOLF ?df ; gf/sfj syg 5 .

k|ojs dlxnf ; d'x; lu Ps nfv ?kpfjsfj xf/fxf/Ldf /sd h0df e0; sjsfj 5 . 5j 6)dlxnf j rt tyf C0f ; d'xnfo(lj pkhlsfj ?kdf ? @) xhf/sf b/n]pknAw u/fPsfj lyofj egj tfnsfj|buofj ; #lf0sfj nflu tfn ; #lf0f ; ldltnfo(? %) xhf/ ; xofju u/sfj|lyofj. lj hfj/L / /fdk/ uflj ; df u7g ePsf ; ft ; ftj 6f dlxnf j rt tyf C0f ; d'xdf cfj 4 ePsf dlxnf?sfj lfdtf lj sf; sf nflu j |df; dl t/sf/Lv|tlnufot lj leG cfodhs tyf g|t|lj lj sf; Pj dvn|vf; Da6wl tfInd kbfjg ul/Psfj 5 . j g h^unsfj ; #lf0f tyf 3/leqsfj kb|f0f sd ug(dlxnf ; d'xn) ; wfl/Psfj rhfj h8fg ug(kfj) ; fxg u/sfj 5 .

tfnsfj ; #lf0fk15 o; lfgnfo(koBsl0 uGtJ0sfj?kdf lj sf; ug{ ; lsg|k| ; t ; Defj gf 5 . clxn] tfn 5j |df a/fxfsfj d|t{ : yfkgf ul/Pk15 wflds koBssfj ; ^Vof klq qmZM a9g yfn]sfj 5 . j gefhsf nflu klq oxff labfsfj lbg lgs)el8 n|lj ub5 . oxff cfpj koBsx?; lu s|xl zNs lnP/ To; nfo{Toxfsfj ; /; knf0df nufgl ug| ul/G5 . xl/ofnl h^unalr /xsfj tfn, lj leG hgj/ r/fr?^ulsfj j f; : yfg /xsfj r|/E|tfn lfg ca h]j s lj lj wfn] klq el/k0f{ag]sfj 5 . oxff cfpj koBsx?sfj ; lj wfsf nflu xfbn ; ~rfng ug|of|ngf /xsfj xfbn Joj ; fol ; ldltsf cWOLF lhtaxfb/ s; ln]atfP . : yfglo j fl; Gbdf h]j s lj lj wtf / kofj /0f ; #lf0fdf cfPsfj r|t]gn]g)5f]f] ; dodf g) o; lfgn]sfrhl k|g{ ; Dej ePsfj xfj .



3f0t] lu2sfj kfjylds pkrf/ ul/b)



15

: Kim Kiont

h8la6l ; #1f0fsj nflu ; d%df uf8dj ul/b}

जडिबुटी संरक्षणमा नौलो अभ्यास

“जैविक विविधता प्रकृतिको अनुपम उपहार हो, यसको संरक्षणले सम्पूर्ण प्राणी जगतकै भलो हुने मात्र होइन, स्थानीय समुदायको जीविकोपार्जनमा नै सहयोग पुग्दछ भन्ने चेतनाको विकास भएपछि अहिले कपिलवस्तुको पटना गाविसका जनता अहोरात्र वन जङ्गलको संरक्षणमा दत्तचित्त भई लागिपरेका छन्।”

चि Gghf0{ >lv08 glrGghf0{vksfsl la8 eglsfj ; fRr)/x5 e6g] cgej cfh r08} Zj/L ; fdbflos j g pkefQni ; dx dftlk/sf cWOLF ufj| fb nfid5ghf0{cgeIt ePsf]5 . klxn]j g lfgleq /xjsf dxTj k0f{h8la6lsf]af/pf hfgsf/L gxbf slt axdNo jg:klt, h18a6lx2 sf6/ bfp/f aNng] uf0j :thf0{ ; f0/ agfpg]ul/Psfdf k5tf] dffib]pgl e65g) ...s: t/Ln] cfknl] Eu ePsf] dxTj k0f{j Loffsf] rfn gkfP/ o; sf] u6w vff]b) eflf]P h:t}xfdl klg cfkng]j gkfvdf /xjsf dxTj k0f{j g:kltnf0{lr6g g; Sbf o; sf] ; #f0fdf Wofg lbg ; sbff].W 19n}eP klg ca xfd] cfMf vh]sf 5g]. ca logsf] lbuf] ; #f0f / pkof]u ug5ff]pgn] eg].

h]j s lj lj wtf k\$|tsf] cgkd pkxf/ xj] o; sf] ; #f0fn] ; Dk0f{ k]0fl huts} enfl xg] dfq xfdg, :yfglo ; dbfosf] hllj s]kfhgdf g] ; xof]u klb5 e6g] r]tgfsf] lj sf; ePk15 clxn] slknj :tsf] k6gf uflj ; sf hgtf cxf/fq jg h^aunsf] ; #f0fdf b0lrQ e0{nfluk/]sf 5g]. h8la6l ; #f0fsf] nflu jg h^aunsf] ; #f0f ugkg]/x5 e6g] lj :tf/) aen]g yfn]sf] dgsfdg h8la6l ; #f0f tyf kj 4g pk; ldl t, bfgk'/sf cWOLF /fds]0f rfw/Ln] atfP . pgl e65g- ...ufp]x2df ; #f0fk]t ; r]tgf a9]; Eu) o; lfgdf kf0g] lgnuf0{ lrtj fh: tff hg]j /sf] ; ^aVof qmdz]j |4 ePsf] / lj ho; fn h: tf] axu0fl jg:kltsf] ; #f0f ug] ; lsof]. ol k]hft h]j s lj lj wtsf] l x; fan] slt dxTj k0f{/x5g] e6g] aen]sf 5ff].W

k6gf]f; lnf0{ cfMf v]fn]bg] sf]d ; ug g]ds ; +yfn] ; 0Qm/fi6^aBl0 lj sf; sf0qnd, lj Zj j ftj/0f sf]f=; f]g cgbfg sf0qndsf] cflyS ; xof]udf h]j s lj lj wtf tyf hllj s]kfhgdf] nflu h8la6l ; #f0f kl/of]hg]f kl/of]hgn] ul/lbPsf] xj]. of] kl/of]hg] nfu"xg]c13; Dd :yfglo]f; lnf0{vf; }1fg lyPgh8la6l ; #f0f ubf]j g hEn klg ; # f0f x65 e6g] 1fg gxbf sltko h8la6lx2 nfk xg]l :y]tdf k]k]15 clxn]xfdl a9l g]; r]t ag]sf 5ff] r08Zj/L ; fdbflos j g pkefQni ; dx dftk'/sf cWOLF ufj| fb nfid5fg] atfp5g]. ; dbfosf] ; /; Nnfxdf h8la6l ; #f0fsf] nflu pglx2n] lj le6g glt lgodx2 klg agfPsf 5g]. :yfglo h8la6l ; #f0f u/pfkt ; #f0fstff]f0{ j g pkefQni ; ldl taf6 lj z]f sb/kq lbg] k]r]ngn] klg h]j s lj lj wtsf] ; #f0fdf :yfglo ; dbfosf] ; fy / ; xof]unf0{ a9fPsf] 5 . h8la6l; Da6wL /yfg] 1fgsf] nflu :yfglo aB, eni/k]ts ug] wfdlx2sf] cgej tyf 1fgnf0{lj z]f dxTj lb0Psf]5 .

h8la6lsf] ; #f0f tyf kj 4g ug(u7g ul/Psf rf]j 6f pk; ldltx2sf] cu] f0df :yfglo: t/df kf0g]) e6f a9l h8la6lsf] ; ^aSn]g / cWoogdfk]t ; dbfosf] ; r]tgf a9fpg] sfdx2 ePsf 5g]. :yfglo: t/df kf0g] cf]flw / ; ul6wt t]h]h6o h8la6lsf] lbuf] lj sf; / Joj ; fols/0fsf] nflu ; #f0f of]h]gdfk]t ; dbfosf] lfdtdf clej |4df hfB lb0Psf]

5 . h8labl ; #f0f ; rjtgfsfj nflu lj lefg krf/ ; fdulx; kfj6/, kDknj, aff; / cflbsfj lj t/0f ul/Psfj lyofj egj : yfglo /#8of/a4 cfj fhaf6 lj lefg rjtgfdhs sfoqndx; kzf/0f ePsf 5g. : yfglo : shdf u7g ul/Psf xl/t Snadfkrt klg h8lablsfj ; #f0f / kj 4gdf 7hfj ; xofju ldnjsfj 5 . k6gf jg lfgnfo{ h18ablsfj e08f/ / lj lefg h^aunl hgfj / / k65lx; sfj dVo jf ; : yfg g} egj x65 . oxf; ; fn, lj ho; fn, ah, s; d, vo/, ; fh, a98yfj hfdg, ww/f, enfofj a/fj cdnf, wdwdj /gl, aBlkQf / x/r/ h: tf ?v kf065g. ; uf, 9s/, afem lrn, sfj f, h/hl, n0f, wgz, sfjsn, vfjn xff, lkni6f, Eofs/f, 6s6s, rdylf, tf/fjuf8f, lgn07, asNnf, u?9, ; f/ ; , sfjnl hEn lfgdf kf0g dVo r/fr?El xg. oxf;lgnuf0{ b0; L, lrtj f, efn, :ofn, aff/, ag ss', jg la/fnfj agh, ufx/f, v/fofj Gofp/L d; f kf065g).

dxjb|/fhdfuaf6 sl/a * lsdL blf0fdf /xjsfj k6gf uflj ; slknj : t' / ?k6bxL lhNnfsfj l; dfgdf kb5 . o; sfj kj df sfj7L gbl aujsfj 5 . k6gf jg lfgn r7/ / t/f0sfj hjj s dfujsfj ; kdf sfd ub5 . hg nldagl jg lfg / u8xj f tfn lfg; lu klg hfj8Psfj 5 . vNnf rl/r/0f, jg lj gf; , cToflws bfxg, jg lfgsfj cfunful, j}flgs 9^auaf6 h8lablsfj ; ^asng ugjtkn: yfgloj f; ldf rjtgf gxbf sltko dxTj k0f{h8lj blx; nfk xgj l: yltdf kljsfj lyofj . t/f0{ lfgdf kf0g lj lefg cfjflwhgo h8labldf cdnf, ah, gld, s/Lnf, affen; ; okql, ; k6wv, uhrf x/fj a/fj ajt, laho; fn, Eofs/, cflb /xjsf 5g. hllj sfkfhg, ; jf:Yo, ; fdfhs, ; f+s|ts / cflyS lx; fj n} dxTj k0f{ /xjsf ol h8lablx; lj Zj df g}kl; 4 dflg65g).

sxl jif c13; Dd ; 3g jg lfg / cfjflwhgo h8lablsfj lx; fan} lgs} wgl dflggj k6gf uflj ; sxl j ifb}v qndzM ; Vvf 8fBdf kl/0ft xg yfnjsfj lyofj . o; n} ubf{ ; #f0fsfj cfj df sltko dxTj k0f{ h8lablsfj nfk xgj l: yltdf k6k15 h8lablsfj lbuf?kdf ; #f0f / kj 4g ub} hllj sfkfhgdf ; xofju k?ofpgj p2Zon} ; fl kl/ofjhgf nfu" ePsfj xj . o; kl/ofjhgaf6 clxn} k6gf-*, bfgfk/df @) xS6/ / k6gf-&, dftlk/df \$ xS6/ ; fdbflos jg lfgleq lj lefg h8lablsf la?j fx; /fjkPsf 5g. ol lfgx; Dff /fjkPsf l/77f asf0gfj cdnf, hfdg, chg, l; dn, lzl/if, vo/, lgd, aff, x/fj a/fj jh / lj sf; j e0f3ff; sf khfjtx; sfj ; #f0fsfj nflu ; fdbflos klta4tf JoQmePsfj 5 .

; kf bp/fnl h8labl ; #f0f tyf kj 4g ; ldl, ; dx / :shsfj xl/t Snasfj ; b:ox; sf nflu ; ?df h8lablsfj ; #f0f, ; ^asng Joj ; fols/0f, g; /L Joj : yfkg, ; ulGwt thhgo h8labl vjtljsfj cflb lj ifodf tfind ; ~rfng ul/Psfj lyofj . ; dxsf ; b: onfo{ cfjflw tyf ; ulGwt thhgo h8labl vjtltkn pTk/ / t ug{ slknj : tsfj uh}l / affs}j 9s/L tyf zd; / ughdf cj nfsj cWoog ed0f u/f0Psfj lyofj . ; fy) cfjflwhgo



h8la6l ; #1f0fsfnflu tfnld ; -rfng ul/b}

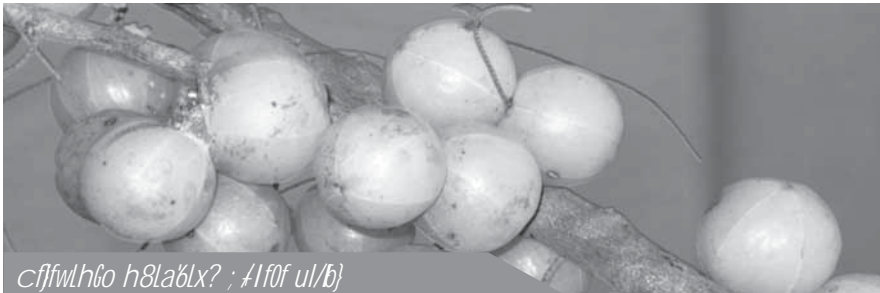
h8la6lsfnlbufj ; #1f0f / Jofj : yfkgf nflu u?j f, j B, wfdl, cfoj lbs k ; n ; -rfns, cfoj lbs kflj lwsx;sfj alrdf 5nkn tyf c6tlqof sfogndx; cfofngf ul/Psf lyP .

; ul6wt thh6o h8la6lx; d;fyf, n6guf; , / l ; 6fjhfaf6 : yfglo:t/df nuf0Psf lj le6g cffflw agfpg ; lsgj ePsfnj o ; sfj Jofj ; flos vjltkqf ls ; fgx;sfj cfsif0f a9sfj kf065 . d;fyfhsfj k6fju lj le6g cffflwx; h: tll dnd, bVbf nufpgj j fd, vflslsfj l ; /k, 6bfAn6 cflbdf k6fju ul/65 . ofjld7f0, th cflb ; fdullx; ; ul6wt kfg(klg pkofju ul/65 . d;fyfsfj kft / sdnfj xfbf kfrs bdsfj cffflw, j fo6sfj /fju lgsfj ug{ cffflwsfj ?kdf k6fju ul/65 . Irodf o ; sfj k6fju lgs}kflnt 5 . o ; sfj h/fafx; ; Dk0f{efuaf6 ; ul6wt th ptkfbg ul/65 . hjj s af/a/sfj?kdf klg o ; nf0{Ing ; lsg5 .

j g lfgdf kf0glhj h6t'tyf j g:klt /fi6sf w/fx/ ePsfnj o ; sfj ; #1f0fsfnflu uflj ; nj klg ; fdbflos j g ; dxnf0{ ; Sbfj ; xofju ug{kljt 4tf slknj : t'k6gf uflj ; sf ; lrrj gj /fh k6ynj hgfpg6ofj . h8la6l ; #1f0faf6 l ; auljj g lfgsfj ; #1f0f sf0df ; ug ; +yfnj ; -rfng u/sfjh8la6l sfognd Pp6f dxTj k0f{kyk6z6f xg ; Sglpxf6sfj lj Zj f ; 5 . d;fyf vjtl nufPsfj hlufdf /fju tyf ls/fsfj cfqnd0f sd xgj ePsfnj wfgsfj ptkfbg c6o hluf6bf a9l xgj ub5 . d;fyf nufPsfj lfgdf o ; sfj u6wnj ubf{ h'aunl hgfj / gcfp6j ePsfnj : yfglo afj ; 6bf ; Deflj t cfqnd0faf6 ; 7lft ePsf 5gl . o ; vjtlsfj axknf0bfsfj af/df : yfglo:t/df ; rjtgf a9g yfnjsfj hltk/- \$ lzj dl6b/ ; fdbflos j g pkef0nf ; dxsf cWOLF xl/ vflB atfp5gl . ; ul6wt thh6o h8la6ldWoj d;fyf t?6t knf0bf Ing ; lsgj gubjafnl ePsfnj o ; sfj Jofj ; flos vjtl ugk6df hf6 lb65gl . o ; lfgdf d;fyf vjtl

/fdfj xg] ePsfjn] :yfglo: t/d} kzfjwg u/L th ptkfbg ug{ ; lsgj pgsfj egf0{ 5 . d}yfsfj ; ulGwt thsfj cToflws dfu ePsfjn] ahf/sfj; d: of 5g . xfdl] j l/kl/ ePsf sltko dxTj k0f{ h8la6l ; #f0fsf nflu upfn]x; sfj ; fdlxs klTj 4tf /xjsfj ; u/dfyf j rt tyf qn0f ; d{x, dfj tk/sf cWOLF hoGtl uxfsfj wf/0ff /V5gl . bfgfk/sf l kkn8fBf j g ; fdbflos j g pkef]nf ; d{xn] @) xS6/ hlufdf lj leGg klhfltsf h8la6lx; j lf/fk0f u/sfj 5 . xfdl] of kxnnf0{ l5d]sl j g pkef]nf ; d{x; n] klG lgs} rf; f]sfj ?kdf x/]sf 5g/ cgZ/0f ug{ yfn]sfj ; dXsf cWOLF >/fd yf? atfp5g).

k6gf ufj ; lfpdf h8la6lsfj ; #f0fdf ; kmntf kfpGsfj dVo sf/0f ; #f0f cleofgdf dlxfn ; xeflutfnf0{ pRr dxTj lbg'g'xfj . h8la6lsfj ; #f0f / kj 4Gsfj nflu uf7fnf / h^aunleq 3ff; sf6g] dlxfnnf0{ r/0fa4 ?kdf 5nkm / cGt{qnofdknt lj z]f lzlff lb0Psfj 5h8la6l ; #f0f tyf kj 4G pk; ldlT agfpbf xfdln] ; dfj zl cfwf/ df dlxfnsfj klTlglwTj nf0{ lj z]f hfB lbPsf 5ff] ; kf bp/fnl h8la6l ; #f0f tyf kj 4G pk; ldlT, dftlk/sf cWOLF lemf ykf atfp5g). 3ff, bfp/fsf nflu h^aun hfg] dlxfnnf0{ ; fdbflos j g lfpqleq /x]sf dxTj k0f{ h8la6lx; sfj klxrfg, ; #f0f / pkef]usf af/tf yxf ePdf To: tf pkof]ul / axdNo h8la6lnf0{ hf]ufpg' kb5 eg] r]tgfsfj lj sf; ePsfj :yfglo sfdtf dfj sf hgr]tgf 0sf] Snasf dfof yf? atfp5g). 0sf-Snadknt xfdln] o: tf cleofgx; : shaf6 ; ? u/sf 5ff] pgn] eg]. uf7fnf / :shsf lj Bfylhf0{ klG h8la6laf/] plrt lzlff lbgkG] pxf]sfj ; bnfj 5 .



cf]fwlhG h8la6lx? ; #f0f u/b)



वर्षेनी खोलामा आउने बाढीले खेतीयोग्य जमिन कटान हुने समस्याको जनताको तटबन्ध कार्यक्रमले समाधान दिएको छ।”

kim k10nf

६

जैविक तटबन्धले ल्यायो खुशी

“वर्षेनी खोलामा आउने बाढीले खेतीयोग्य जमिन कटान हुने समस्याको जनताको तटबन्ध कार्यक्रमले समाधान दिएको छ।”

सि Gwhl lhNnfsf] bwh]l gu/kflnsfsl ; 'sdf of tdf^asf] hlj gofqf lj Zj sf ; ^aBiffzLn dlxnsf] h:tf] rir[^t gxf]nf t/ hljg lhpj] qndf pgn] efl]sf ; d:of / rgr]L clwsfz gkfnl dlxnsf]lgolt ; E ldnbf]Nbf]b]vG5 . ul/al, clZlff / k5f]kgdf lktwg aflw ; 'sdf ofsf] dxgt / nugzLntf c6o dlxnsf nflu klg k]0ff eg]kSs}afg ; Sb5 . hj fgl pd/df /fhgltdf nfuklg o; af6 cfkng] p6gl t xj]gb]v] kl5 v]tlkftlnf0{lg/t/ tf lb0g}.

.kl/j t6 cfkng]af6 ; ? ugk5] eGg]pgn]kVof]nl lgj fxdvL slifnf0{kl/j t6 ub]cfkng]ePsf]v] taf/Ldf 3ff; v]tl ug]yflng. /fd]wfg knNg]v]tdf 3ff; nufPsf]b]v]kl5 kl/j f/ / ufph] n] ; d]t pgsf] sfohf0{/fd]wfgg}. ha pgn]wfgaf6 xj]cfdbfgle6bf 3ff; af6 tlgubf a9L cfdbfgl ug]yflng, pgsf]sdfs]kz+ f xg yfNof]. ; 'sdf ofn]lqz]0maxp2Zo slif kn0{btf{u/L uf0{ e] L, afv]kfn]g ug]s] ; fy}^& laufxf hluf ef8df InP/ 3ff; v]tl tyf 3ff; sf]lap pTkfbg u/]sl 5g}. slif tyf kzkn]gdf pgn]u/]sf]ofubf]gsf]sb/ ub] ut jif ; /sf/af6 /fli6o k':sf/ kft ePk15 pgdf eng]pT; fx ylkPsf]5 .

; 'sdf ofnf0{ cfwlgs sliftkn] ; kn]tf xft nflg]sf] k5f]18 ; 0Qm /fi60^aBl0 lj sf; sfo6nd, lj Zj jftfj /0f sff]÷; fgf cgbfg sfo6ndsf] dxTj k0f{ ; xof]u /x]sf]5 . dfgj tyf /fli6o lj sf; ; dhf -xbf08; \gkfn_, gfdS ; +yfsf] cuj f0df gu/kflnsdf ; -rflnt :yfglo ; f]tsf] kl/rfngdfkn]t 'hnjfo' kl/j t6 cgshg / lj kb hf]vd



:yfglo dlxnf? sk8fsf ; fdu]x? agf]pb}

Gogls/Of kl/ofhgf ; ~rfng ePk15 ; Sdfonf0(slifdf gofkn8sfj dfq(xf; nf ldNof) . ul/a lk5l8Psfj j u(czQm Psn dlxnfnf0(nllft u/L ; ~rfng ePsfj o; sfoqnd cGtuft pgl gdf slif ; dxdf cfj 4 e0gl . To; ; dxdf pglh:t} lj kG ; dbfosf cG @% hgfnf0(klg pgn) cfwlgs sliftnf nfbg k/t u/g\ . kl/ofhgfj : yfgloj f; lnf0(gbl lsgf/ ; #l0f / xl/ofnl a9fpg slif j g; Da6wl sfoqnd ; ~rfng ug; ; dbfodf cfwl/t : yfglo ; fltsfjkl/rfngdfknf hllj sfkfhgdf ; xofju kfofpgj tyf ; dtdhs : yfglo ; fltsfjJoJ : yfkgfj nflu ; +yut lfdtf a9fpg d2t kfofPk15 ; Sdfonf: fff w/sfj hlj g: t/ df pNn)vo kl/j tg cfpj ; sfsj 5 .

o; afxs kl/ofhgfaf6 ; ~rflnt lj leG lqofsnfkx?af6 o; lfdqdf : j R5 pihfsfj lj : tf/ ; jftfj /of ; #l0f tyf : yfgloj f; Lsfj hllj sfkfhgdf /fdfl ; wf/ cfPsfj bVg ; lsg5 . /ftdf6) ; fdbflos j g pkefQnf ; ldltsfj ; xsfof !^ j 6f ; wfl/Psfj rhf sfj lgdff ePk15 e08}&# xhf/ %*\$ shL bfp/f vkt xgaf6 hfjuPsfj dfq 5g, o; af6 sl/a Ps nfV !) xhf/ shL sfag8f0cS; f08 lbf; pT; hg xgaf6 /fjsfj 5 . o; n] 3/leqsfj wj ffsfj kpf0f sd ugfsfj ; fy) dlxnfnf0(bfp/fsfj vfjldf nfbg) ; do / >ddf sdl cfPsfj 5 . o; u/L lhlj ; / bwhl gu/kfnsf; usfj ; xsfof d; x/ 6fndf #% j 6f ; fhf/ h8fg ul/Pk15 tl lj kG kl/j f/df j iff) vsfj cGwsf/ x6sfj 5 egj @^ 3/df j fofbf; klg h8fg ePsf 5g\ .

: yfglo sdnf gbl lsgf/sfj @&=% xS6/ hdlgdf @ \$ 3/kl/j f/n] ; v/v08, lk8fn; cbj f / a; f/ vjtl u/sf 5g\ . o; af6 pglx?n] cfj; t ?kdf j flifs ?=&@ xhf/b]v slDtdf Ps nfV ?kpf; Dd cfbfgl u/sf 5g\ . lxfj; Dd 9^{af}uf / afnj fn] 9fsfj o; 7fpdf clxn] n6/Dd t/sf/L afnl b]bf ; ahf0{ cfZroflst agfp5 . vfjh lsgf/ df af; sfj 7fs/ agf0{ j foflGhlgol/af6 !%)) lD6/ h]js af/ agfPk15 !%& kl/j f/sfj !%)) xS6/eGbf a9L hdlg ; #l0f ePsfj 5 . j ifgl vfjdf cfpj af9ln] vjtofb hldg s6fg xg] ; d:ofsfj hgtfsfj t6aw sfoqnd] ; dfwg lbPsfj 5 . oxfsf b0{ hgfn] g; {L : yfkgf u/L ptkfbg u/sf tlg nveGbf a9L 8fn]3ff; tyf e0{ 3ff; sfj lj ?j f \$# xS6/ hdlgdf nuf/ ; oegbf w/sf kl/j f/ nfeGj t agjsf 5g\ . clxn] afem] a; sfj af/Ldf nuf0Psfj 8fn] tyf e0Bff; af6 kzkfng ug] ls; fgx?n] /fdfl cfbfgl u/sf 5g\ .

sdnf gbl lsgf/df k/Dk/fb]v a; fj f; ub} cfPsf bgj f/ hfl t x/s aif{ hfg] af9laf6 kflj t /xsf lyP . j ifgl gbln] sxl g sxl hldg sdnf gbln] s6fg gu/sfj j if(xbgYof) . @)&@ ; fndf kl/ofhgfaf6 kfl t ; fgj ; xofjdf : yfglo gu/kfnsf, lhnf e; #l0f cflbsfj ; 0Qm ; xofjdf afof-0lGhlgol/E klj lwaf6 aff; sfj esf/L agf0{ gblsfj axfa kl/j tg

u/fpg ; kīn ePsfñ To; lfgdf ; ofxš6/ vjtlōfj b hldgsfj : t/df ; wf/ cfPsfj 5 .
klxn] nufPsfjesf/Lsf sf/Of kqM s6fg xg kfPsfj 5g . pQm hldgdf cbj f a; f/ ; v/
v08nufot lj leGg vfbfGg afnl nufP/ : yfglo ls; fgn]/fdfj cfbfGg ug{ ; kīn ePsf
5g).

kl/ofjhgfn] cfocfhg / ; lk lj sf; DaGwl tflnd lbPkI5 ; sđfoh:t} cGō dlxnfn]
klg t/sf/L vjtlaf6 cfbfGgsfj/fdfj af6f] klxNofPsf 5g\ . pglx? k/Dk/fut ; lk tyf k]
zfnf0{ Jofj ; flos : j ?k lbg tINg 5g\ . klxn] s6f] sfjfn] lnP/ ; fxšf] dñfkftdf
hfg] pglx? clxn] cfknj] af/Ldf cgjs hftsf t/sf/L nufpg ; ? u/kI5 b]gsl g]kñ/Psfj
5 . Jofj ; flos t/sf/L vjtlñ] pglx?sf] cfo: t/df ; wf/ dfq NofPsfj 5g, lj kGg j u/
dlxnf, blnt ; dbfodf ; zQns/Ofn] pT; fx ykšf] 5 . klxn] Ps ef/L 3f; bfp/fsf nflu
lbgel/ ; do vrj sdnf gblkfl/ hfgkg] afWotf /xšdf clxn] gbl lsgf/df nufPsfj
3f; sf lj leGg hftsf la? j fx? xšPkI5 3f; , bfp/fsf nflu st]hfg'k/šf] 5g . clxn]
rI/r/g aGg ugfn] gbl lsgf/df l ; ; f} vo/nufotsf lj leGg hftsf lj ? j fx? pldgfn]
h^aun h: t} agšf] 5 .

kl/ofjhgfn] uflj ; df l; lrf0 ; lj wfsf] cej df /xšf ; Vvf kfvfkf/Ldf l; lrf0 shf]
lgdf0f u/kI5 sxl gxg] affer] af/Ldf clxn] tlg afnl cGg afnl pAhfp xg yfn]šf] 5 .
l; lrf0 ; lj wfn] t/sf/L tyf kīnkīh vjtl, kzkfng, cGgafnl /fdfj ePkI5 o; ufpñ]
dx/ kñ/Psfj lj sfzk/ ; fdbflos ; +yfsL cWOLF dgšf ; g] f/ atfp5g\ . sfogmñ]
dlxnf ; zQns/Ofdf hfš lbgšf] ; fy} cfocfhg ugšf nflu dlxnfdf cfdlj Zj f ;
a9fPsfj 5 . 3D6f] cfP/ a: g] cfknj] gfd; dlt eGg nhfpg] ? kfñ: tf ufpšf cGō dlxnfn]
cfh kl/ofjhgfsf] g]t]j ug{ yfn]šf 5g).

: yfglo j fl; Gbdf Jofj ; flostsf] lj sf; ePsf] 5 . ?kšf] cfbfGg b]v/ k9kI5 ; /sf/L
j f u/ ; /sf/L ; +yfsf] hflu/ dfq] hlj gsf] nlo 7fGg] cfd df]g; sf] wf/Ofdf kl/j tG
cfPsf] 5 . lxhf] /fhuf/Lsf] sxl c; ; / gxbf lj b]z xlgPsf o] fx? lj : tf/ ufpd] cfP/
lj leGg cfodhs sfdx? ug{ yfn]šf 5g\ . klxn] lj /fdl xbf j f 3/vršf nflu ; fx; l;
rsf] Jofhb/df COf Ing afWō xg]x? klg clxn] cfknj] cfo: tñ] art ug{ ; lfd ePsf
5g\ . lj b]zdf nfd] ; do a; j /fdf] sđf0 ug{ ; kīn agšf czf]s u?E clxn] ufpkns]
s]if Jofj ; fo ; ? u/šf 5g\ . ufpñ]x? cuffgs vjtltkñ] pGdv ePsf 5g\ . clxn] cfofitt
t/sf/L lsgg] qnd 36b) uPsf] u?^a atfp5g\ . ufpšf k]f]m ; ah; fñ] s]j] g s]j] Jofj ; fo
u/ ; j cfhg u/L hlj g: t/df ; wf/ Nofpg ; lfd ePsf 5g\ .

klxn] cfo: tfsf] csf] lj sNk gxbf k/Dk/fut s]ifdf lge/ oxšf clwsfz j fl; Gbfsf]



:yfglo dlxnfx? sk8fsf ; fdu{x? agfpb)

hlj gofkg csf{sf] Hofnf dnb/L u/ laTg] ub{of]. lgkg] uflj ; sf] clwsfz e"efu 98\ ofg] 98bfgsf] /x]sf] vf; } cGgafnl pAhfp gxgj ePsf] oxf]sf clwsfz j fl; Gbfsf] cfly{ c] :yf sdhf/ /x]sf] 5 . cGg afnl /fd] pTkfbg gxgj ePsf] kl/of]hgfn] :yf-gloj f; lnf0{t/sf/L, s/f, cfk, lnrlh: tf kmknh / t]hkQfnufotsf lj leG hl8j blh-Go v]tLtknfnlg k]/t u/sf] x]. kmknh v]tLaf6 klg clwsfzn] /fd] cfbfgl ug{yfn] sf 5g). s]if j gsf] ?kdf Olkn d]bfhf, e6df; j j sf0g]nufotsf 8fn] 3ff, nuf0Psf] ca kzkfng ug{; xh ePsf] 5 . el/kfv]df aff; v]tL ul/Psf] e"lfosf] ; d:of lgs] sd ePsf] :yfgloj f; L atfp5g).

t/sf/L v]tL ug{s}xL k; f; lxt lj leG hf]tsf t/sf/L lj p kfpkI5 :yfglo ?kf ; g] f/n] cfknh u ePsf] tlg sYf hldgdf t/sf/L v]tL ug{ ; ? ul/g). c; f/÷>fj of dlxgdf sf-pnl, cfn, u]neBf, sf]q] af]l, s/hfh: tf t/sf/L nuf/ j if{lbgdf g}? &) xhf/sf] cfbfgl ug{ ; lfd e0g). ca pgnf0{t/sf/L v]tLsf] cfbfglaf6 5f/f5f]L k9fpg, bMv lj df/ ePsf] ahf pkrf/ ug/ 3/ Joj xf/ rnfpg sG; ; d:of 5g . t/sf/L v]tLaf6 /fd] cfbfgl ePkI5 csf{sf] rf/ s77f hldg 7Bsfdf lnP/ t/sf/L v]tL lj :tf/ u/sf] pgn] atf0g). klxnf kfr ?kpf]lgsfNg ; d]t csf{sf] dv tfSg'kgj?kf clxn]@÷# xhf/ ?kpf] cfknh u slxNo]g66g] atfpI5g). df; dl / a]df; dl t/sf/L v]tL ub] cfPsf pgn] ; kmn d]xgtL ls; fgsf] ?kdf lrlgg yfn]sl 5g).

cfkth] ; ? u/sf] t/sf/L v]tlfaf6 sxl j if{cl3sf] ul/al, cefj x6b} hfg yfn]k15 pgl
 lgs}pl; flxt ag]sl 5gl. cfd}bfgl a9g yfn]k15 pgn] ; t{ sf}f]h:Tff v]tl 5f8y ; a)
 kfvf]/af/Ldf t/sf/L nufpg yfn]sl 5gl. klxn]Ps xhf/ ?k}pfa/fa/sf]ds} sf}f]k]n]g]
 7fpdf pgn]clxn]Ps afnldf ? #) xhf/ ; Dd ; lhn}sdfo/x}sf 5gl. ePsf]y/f]}hlwdf
 klg c}gafnl gnufP/ t/sf/L nufPsf] b}vbf ; ?df axhf e}gk? g} clxn] d]/f af/Ldf
 t/sf/L lsgg cfp5g\ vZlsf ; fy pgn] ; g}f0g\ . uf}f]h] pgnf0{ ug] Joj xf/ , ; Ddfg
 b}v/ g]pgl cfhef]n rlst kg]u/s]l 5gl. a}bf; dl t/sf/Ln]efp a9l kfp]g sf0bf kl
 pgn]/fd/l alem s]sl 5gl. pgl el65g) ..a}bf; dl t/sf/Lnf0{ ahf/sf] klg ; d:of 5g /
 gfk] klg k}z:t 5 .ll pgl cfk]dfq t/sf/L v]tl ubgg) uf}f]h]f0{ klg t/sf/L v]tl ug]
 xf;}ofp]5g).

xbf08; \gkfn]lhn}nf s]if lj sf; sf}f]nosf]; d}j od} #% hgf ls; fgnf0{df]Lkfg t]lnd
 / 3f/ pknAw u/fPsf] 5 . lj k}g ; dbfosf !% dlxnfnf0{sk8fsf]x:tsnf ; fdu] agfpg]
 t]lnd lbPk15 pglx?n]clxn]df; s ?kdf ? !)÷!@ xhf/ ; lhn}sd}pg ; lfd ePsf 5gl.
 kl/of]h}gn] b}w}hl dlxn ; fdf]hs pBdzLn ; xsf/L lnd6}sf]u7g, bt{/ ; +yfut
 ; xofu ug]sf] ; fy; f}tj gf art tyf Cof ; xsf/L ; +yfnf0{l} le}g ; fdu] k}f}g u/sf]5 .
 xk]w, ul/al lgj f/of sf]f, uf]j ; , lhn}nf s]if tyf kz'lj sf; sf}f]honufotsf lj le}g
 ; } ; +yfsf] ; d}j od} ? #@ nfv #^ xhf/ ; xnuflg h}fpg klg ; +yf ; km ePsf]5 .

cf]dlj Zj; g}; km}tfsf]s8l

PSsf; L xftv}f grNg]ePk15 5f]l]n]s; /L hlj g uhf/f unl{e}g]lr}tfn]afa't}haxfb' sfsL
 / cdf s]ofsd}f/L sfsLnf0{ ; tPsf] lyof] . l; Gwhl lhn}nfsf] /Tgj tl-& sl hfgsf
 sfsL(Ps j if}sf]xbf g/fd/L Hj /f]n]yln0g\ . 3/sf] cf]y} c}j :yf sdhf/ / lj s6 uf}p}f
 hl}dPsl pgsf] ; dod}/fd] pkrf/ xg ; s}g . Ps j if; Dd la/fd} xbf pgsf] bfof}xft /
 v}f; d}t grNg]ePsf] lyof] . klxn]f; G}tfsf] c}j :yf o: t]ePk15 sfsL(b}k1Qn]5f]Lsf]
 pkrf/sf nflu w]}g} vr{u} . pgnf0{ cf]vn9E}f, sf7df8f}nufotsf lj le}g 7fpdf
 pkrf/sf nflu nluof] . pkrf/k15 xft r}fx rNg]eof] t/ v}f r}fx grn]sf] atp]5g]
 hfgsf .

cfk] ; /xsf ; fyLx? v}h]sf] b}vbf pgnf0{lgs}lxgtfafw x}Yof] . cfk]ckf^u ePsfn]
 ; dfhsf d]lg; n] klg x}psf] b]i6n] x}g] u/sf] tltf] c}g}j ; k}bf pgnf0{ clxn]
 klg lvG}tf n]lg] ub5 . pgl el65g) .d]/f] sf/ofn] a}afnf0{ klg ; dfhdf lxgtfafw
 x}g]uYof] .ll @)^\$; fndf pgsf] klj f/ /Tgj t}laf6 b}w}hl gu/kf]nsdf a; f0{ ; /f] cfof] .
 zf//ls?kdf czQm ePk]g pgl k9f0df eg] t}of ly0g\ . pgn] @)^* ; fndf k}j]zsf

k/lIff pQlOf ul/g\ . 3/fo; L sf/Ofn] pRr lzIff k9g c; dy{ePkIg pgn] P; Pn; lkI5 sfdsf] vfhldf /lxg\.

@)^(r]pdf xbf08; \gkfnfd of] s0N6; Da6wl tfInd ; ~rfng xg nfu]sf] yxf kfP kl5 pgn] klg ; xeful xg] 0R5f JoQmul/g\ . t/ zfl//ls cj ; yf]sf] sf/Of 3/af6 cfpq hfg sl7gf0 xg] ePsf]n] ; ?df pgnf0{ ; xeful u/fpg] s'/df cfz^asf JoQmul/Psf] lyof] . bP 0R5f zIQm/ kl/j f/af6 kfPsf] pT; fxn] pgnf0{ tfInddf ; xeful xg] cj ; / ldNof] . pgn] ; kmn tfk] § @) lbg]sf] tfInd k'f ul/g\ . c6o ; xefule6bf klg pgsf] ; lqno ; xeflutfn] ; a]af6 xf] ; nf ldNof] . hfkfgl k|zlfssf] k|zlf0faf6 pgn] w/] s'/f l; Sg] cj ; / ldNof] . ; f] tfInd ; lsPnuQ} ; f]xl 7fpdf Ps xktsf] kgtf]nul tfInd tyf ahf/ Joj ; yfkg; Da6wl tfInddf klg pgl ; xeful algg\ . o; n] pgsf] 1fg / ; lkdf yk lgvf/tf cfof] . tfIndkl5 pgn] l; s]sf] 1fgnf0{ lg/t/tf lbb} sfo{ ; ? ug(yfIng\.

clxn] oxl sfdaf6 df] ; s * b]v !) xhf/ ?k]bf cfDbfgl ug[u/]sf] pgl atfp]5g\ . .d]h] sfd u/] cfDbfgl ug(yfn]kl5 klxnf dnf0{xpsf] b]i6n] xg]k? klg clxn] dfof ug(yfn]sf 5g\ . l pgn] elgg\ . st} s]xl ; d:of k'fof] eg] sltko cfk]t] u ; Nnfx Ing cfpq u/]sf] pgl atfp]5g\ . .cfk]thf0{ klg To; /L ; Nnfx lbg kfpbf cTo6t v; L / uj{ nfl5l pgn] elgg) . .cfk]th] sdf0 ug(yfn]kl5 cf]dan klg a9/ cfpbf] /x5 . l 3/ kl/j f/; u cfk]th] vr]sf nflu dflg'gk/]sf] dfq xg, 3/ vr{rnfpq klg ; xof]u ug(kfpbf vZl nfu] sf] pgsf] egf0{5 .

lxhf] zfl//ls czQm 5f]/Ln] s; /L hljg rnfpling\ e6g] lrtf]df /x]sf] sfsL{ kl/j f/df clxn] pg] 5f]/Ln] sdfpg yfn]kl5 kl/j f/df v; L 5fpg' ; eflj s g] x]f] . hfgsf el65g) . .ca t dnf0{ s; }sf] ; xf/f geP klg afRg ; Sg] cf6 a9]sf] 5 . l sfsL{ b0kIQsf pgl; lxt b0{ 5f]/L / b0{ 5f]/f 5g\ . pgn] ar]sf] k; f ? \$) xhf/ ufpdf nufgl u/]sl 5g\ . cem]s]xl /sd hDdf u/L c6o ; lkd'hs tfInd lnP/ s]xl Joj ; fo ug] ; f]r /x]sf] pgl atfp]5g\ . ca pgnf0{u/b]v hf]sf]xl klg ; kmn xg ; ls65 e6g] pgsf] lj Zj f; 5 . ufp]sf c?nf0{l j bzdf hfge6bf s]xl ; lk l; s/ ufpd] s]g] Joj ; fo ug(pgsf] ; Nnfx 5 .



Kim Kiont

hjj s lj lj wtf ; #1f0fsfj nflu sfobfhgf agf0b}

जैविक विविधता संरक्षणमा सफलता

“वन सम्पदाको संरक्षण र विकास वर्तमान अवस्थाको लागि मात्र नभएर भविष्यको लागि पनि गर्नु पर्दछ भन्ने सोचको विकास भएको छ।”

के xl j if{c13; Dd gfufj / phf8 /x}sfj 7f8f jg lfg clxn) xl/ofnlj) 9fs}sfj
 b)bf hfj sfjLnfo(klg : j eflj s?kdf cfZro(nflb5 . olt 5f}bfj ; dod); Vvf /
 gf^aufj kfvfj o; /L 3gf h^un e0(xl/ofnl x)hf e0g) sNkgf; dlt ug{ufx}l lyofj .
 @)%) ; fne0bf cufj8 7f8f jg lfg gdfg jg h)j s lj lj wtsfj lx; fan] cToft; wgl
 dflg6yofj . t/ ut !) j if}sfj cj lwdf o; jg lfgdf sf7 rrl/L ug{lu/fx}sfj ldnjtdf
 jg lfg lj :tf/} gfi; } uofj . j ifgl h^undf 89}hf nflg; cToflws j ; f0; /f0 xg; jg
 lfgsfj cltqnd0fn] qndz M jg lfg gfi; } uofj . af9L, klx/fj xj fx/Lh: Tff kf}st s lj kbsf
 36gfn] klg jg lfg yk rk}fdf k/}sfj lyofj . jg h^unsfj lj gf; nj j ftj /oflo k}f0fsfj
 ; d:of dfq b)vf k/; ; yfglo ; dbfosfj hllj sfkfhgdf ; dlt sl7gf0 ePk15 o; sfj
 ; dfwfgsfj v}hl xg yfNofj .

j}SINKs cfocfhg / pnhf}sf sfoqndx?dfkrt 7f8f jg lfgsfj h)j s lj lj wtf
 ; #lf0f ugkgj cfj Zostfsfj dx; ; ePk15 7f8f uflj ; sfj j 8f g+! -7f8f xl6of_ , j 8f
 g+# sfj h; df/, j 8f g+% sfj bfxf}bdf ; dbfodf cfwl/t h)j s lj lj wtf tyf hllj sfj
 kfhg clej l4 sfoqnd ; -rfng ul/Psfj lyofj . pQmsfoqndnf0{; eQm/fi6« 3Lo lj sf;
 sfoqnd=lj Zj j ftj /of sfif c}tuft ; fgf cgbfg sfoqnds}sf cflys ; xofjdf uflld0f
 ; dfh lj sf; s}b}sfj ; -rfng u/}sfj lyofj . ; g!) !@ df !* dlxgfsf nflu nfu" ePsfj
 o; sfoqnddfkrt h)j s lj lj wtf ; #lf0f / lbufj hllj sfkfhg}sfj nflu : yflo ; 3; +yfsfj
 lfdtf clej l4, jg lfgsfj lbufj ; #lf0fsf nflu j}SINKs pnhf}sfj kj 4g / h)j s
 lj lj wtf ; #lf0f / lbufj hllj sfkfhg}sfj nflu : yfglo ; ft ; fwgdf cfwl/t cfocf-
 hgsf j}SINKs ofhgxf? ; -rfng ePsf 5gl . ufld0f kof-kobgsfj lx; fan] 7f8f bx,
 ; kf bp/fnl, euj tl, c3f{dxfsfnl, c3f{b/af/, r}b}ba, v}rl /h: yn, g/kfgl, ls; fgsf}b,



t/sf/l v}tl Joj ; fols/of xb}

/fglkfjv/L dxTj k0f{ ?kdf /x}sf 5gl . 7f8f bx o; 7fp}sfj pRr :yfgdf /x}sfj 5 . c3f{v}rlsfj ; b/d}sf d klj oxl bx eP/ hfgk5{.

7f8f jg lfpqsfj ; #1f0fdf ; dbfosfj ; lqnotf a9j ; E}skl j ifd}o; n}kg}hlj g kfgp ; s}sfj 5 . oxfsfj jg lfpq} jg lfpqsfj ; #1f0f / ; Da4gkl5 clxn} o; lfg lj leGg h}nL hgfj / , kzk+fl tyf axdNo h18a6L kfgp yflnPsfj 5 . clxn}ofj lfg lrtj f, efn; 3f/n, /ftfj affb/, n}w/ affb/ cflbsfj j f; :yfg /x}sfj 5 . 88j f affb/ nfk xg} c j :yfdf /x}sfj 5 . o; lfpqdf lj leGg k}hfltsf r/fr/8=ulsfj lr/la/ cfj fh}n} oxfsfj /fgstf yk}sfj 5 . lxfj b}Vg dl:sn xg}sf}lnh, n0f; ; uf, nfdk5} sf}sn} asNnf, lkm6f, lu4, ltqf, j gsvf/f, wglf cflb r/f clxn} k} : t b}Vg ; lsG5 . nfk xg} c j :yfdf kl}sfj lu4 klj oxffk} : t kf0G5 . kfv}g }b, kffr c}h} ltt} l; sf/l nx/f, ag sl/nfj lkknf, cdnf, ah, s6' ; l/7f, x/fj a/fh: tf lj leGg c}ffwlhG k}nk}h}n}oxfsfj h}j s lj lj wtfnf0{ ; Da4 tNofPsf 5gl.

o; jg lfpqdf vG0; c}f}v} ufofj 6f}sf} lug/L, kmf; f} s6ld/fj 8dl, baba} ; fhg, s' d, sf}nlsf7, lu7VL, sfa}j e6's, aff; , km}p}f} sf}f/fn}f} kof cflb 8fn}wff, kf0G5gl . sf7hG k}hfltdf dVo u/y ; fn, ; fem s6' , hfdg, lrnfpgl cflb kf0G5gl egl e0f 3ff, df v/, cid} f} ; h}u}f, v/L, aG; f} aflao}f cflb nufP/ :yfglo ; dbfon} c}k}h}f} hl}j sf}k}fh}gdf klj ; wf/ Nofpg ufn}sf 5gl.

7f8f jg lfpqleqsfj gfu}f tyf v/ uPsfj sl/a @) x}S6/ hldgdf l; dn, lrp/L, vo/, l; ; f}asf0gf} cdnf, l/7f tyf e' 3ff, x? h: t}g}ko/, lj sf; j aG; f} cid} f} cflb /f}kPsfj 5 . jg lfpqsfj ; #1f0fsf nflu tlghgfsfj 6f}h}l agfP/ kfn}kfn}u: tl ug(yflnPsfj 5 . kl/of}h}g}leqsf tlj 6f :shdf 0sfj Snax? u7g ul/Psf 5gl . lj Bfnof?df cltI/Qmlqofsnfkd}k} h}j s lj lj wtf}sfj ; #1f0f, lj sf; k} 4g ug} sfddf lj Bf}y}f? nflu}k}/sf 5gl . r}f/l l; sf/l}sfj lgoGq0f ug} kzk+flsfj ; #1f0f ug} uh}h}l tyf aG6's lgoGq0f ugh: tf sfddf 0sfj Snax?sfj sf}d k} + glo /x}sfj 5 . . axdvl kl}tef d}xn}f ; dxsl km}ndf0f ; gf/ e}lG5g} xfdl ; fg}f 5bf b}v}g} jg h}n cfwf 36}sfj lyof} . oxl l; x}f}n} g}f; b} uPsfj eP h}n}af6 b}p/f, 3ff; kfgp dl:sn xg} lyof} . clxn} jgsf j} ; #1f0f; E}ofj lrc}tf x6}sfj 5 .

kl/of}h}g} lfpqdf vfnl /x}sfj hldgdf lj leGg 8fn} 3ff; x? h: t} vG0; baba} s6ld/fj aff; , km}p}f} cflb /f}g ; dbfon0{ k}j/t ul/Psfj 5 . Ps 3/ !) aff eG}f} gf/fnf0{ :yfglo o}fx?n} cleofgs} ?kdf cufl8 a9fPsf 5gl . xf0la8 c}k}sf lj leGg k}hfltsf c}k} skl ls; fgx?n} nufPsf 5gl . lghl ; f} h}lgs hlwdf s}l}f jg k}ffnlsfj ; ?j ft ePsfj 5 . 8f}x}f} ; fdbflos jg pkef}Qmf ; dxsf clwof hlj g l; h}fnlnf0{ ; ?sf} c j :yfdf jg

lj gf; n] gflufj kfvr]sfj? kdf kl/0ft ePsfj 7f8f j g lfpnf0{olt156} kgM xl/ofnl agfpg
; lsPnf eGgl lj Zj f; nfu]sfj lyPg . pgl el65g) lj gf; ug[klg dflg; g}xg) ; #1f0f ug[
klg dflg; g} . ; dbfo ; lqno ; xeful eP j g hunsfj ; #1f0f ug[; do nfbj/xg5 . olt
7hfj kl/0ffddf j llf/fk0f ePsfj lyPg . o; cleofgaf6 jg lfp]sfj dfq ; #1f0f ge0{; du
h]j s lj lj wtf]sfj ; #1f0f ePsfj b]vbf pxf lgs} vZL xg}x65 . of] cleofg l5d]sl
; fdbflos j gsf nflu klg k]0ffsfj ; #1t ag]sfj pxf]sfj syg 5 .

lj utdf pnh]sfj nflu j g hunsfj lj gf; xg] u/]sdf clxn] :yfglo ; dbfon] a]sInks
pnh]dfknt bfp/f]sfj lj sNk vfh]sf 5gl . aQL afNg ; fhf/ / vfg ksfpg j fof]bf; tyf
; wfl/Psfj rh]sfj kof]un] bfp/fdf]ysfj lge/ tf cGto ePsfj 5 . j iff]v cGwsf/df a:b)
cfPsl c3f]vfrl lhn]sfj 7f8f-% 8f]x]sl a; Gtl khfdlnf0{ 3/df ; fb{ 3/h' aQL h8fg
u/k15 ; +f/ g] pHofnf] ePh: t) ePsfj 5 . /f]tsfj ; dodf klg pHofnf]df sfd ug{ kfpbf
cfk]gf] hlj gz]hdf g] kl/ j tG cfPsfj pgl atfp]5g ; ; fhf/ sf] pHofnf]df 3/ u]k: ylsf
sfd ug{/ aRrfaRr]sfj k9f0 n]vf0 u/fpg sl]tsfj ; lhn]f xbf]x]5 eGgl aNn yxf kfof] .

Pp6} uflj ; df klg s]kl j 8fdf s]bb]o kzf/0faf6 lj B't\ ; jf pknAw ePklg 8f]x]f}
j f; L cWoff]df a:g afl]o lyP . vfgf ksfpg]af]x]s pHofnf]sf] nflu klg pglx? bfp/f
afNgkg] ePsf]n] ufp]j /k/s]f j g lfg x/s j if{df] ; b} uPsf] lyof] . ufp]df lj B't\ ; lj wf
pknAw gx]f ; 'rgf ; -rf/sf] ; lj waf6 klg pglx? al-rt /x]sf lyP . t/ ca kl/l: ylt
k]Psf] 5 . 8f]x]f] ufp]sf ; a) \$& j 6f 3/d) ; fhf/ lj t/0f ul/Pk15 pHofnf] ; E} ; fhf/ ufp]n]
lrlgg ynf]sf] 5 . s]bb]o lj B't\nf0g gkl] klg ; fb{lj B'tn]o; ufp]sf] ; fdf]hs-cfly[s
lj sf; sf nflu goffaf6] vfh]sf] 5 .

o; sfoqndn] hl]j s lj lj wtf ; #1f0f / lbuf] hllj sf]kfh]gsf] nflu :yfglo
; #1t / ; fwgdf cfwfl/t cfocfh]gsf lj leG sfoqndx?df hfB lbPsf] 5 . ufp]df
; fb{ lj B't]s/0f; E} hllj sf]kfh]gsf lj leG sfoqndx? ; -rfng ePsf 5gl .
lj Bfy]x{?n] pHofnf]df /flt ca] ; Dd k9g kfPsf 5gl . #18of] ahfpg, 6]nlehg xg{
df]f]f0n rfh{ ug{ ca sG} ; d:of 5g . ulx0f]nf0{/flt 3/w6bf ug{ ; lhn]f ePsf] 5
lj B't]veg]sf] ; fRr)g] dxTj k0f{/x]5 eGgl cgej 3/df ; fb{ aQL h8fg u/k15 ePsf] 5 .
vfgf ksfpg, 3/w6bf ug{ 5f]f5f]lnf0{/flt ca] ; Dd k9g ; lj wf ePsf] 5 . ; fhf/n] t
hlj g: t/sf] ; wfl/ ug{dfq x]f]g ; ; fdf]hs k]ti7f klg a9f]bf]f/x]5W :yfgloaf ; L 6]saxfb/
las]sf] egf0{5 .

udl]pddf r]sf] x]f]f nfb]j o; lfp]df 6]sl afNbf 3/df cfunfulsf 36gf j if]kR5] xg]
ub]of] . s]bb]o nf0g kl]sf ufp]df lj hhl cfp]g/ hf]g] sG} 7]ufg 5g . nfB; #18^n] ubf{



:yfgloj f; L j |ff/fk0fdf Jo:t

tfInscg; f/ eGbf klg a9L sltahf aQL cfp5 / hf65 efg] 6^auf] gxbf x/fg ePsf ahf bfxfb]sf j fl; Gbf eg] ; fb{ aQLaf6 ; wj|/ p Hofnfdf a:g kfPsf 5g\ . lxhf] xfdl cWof/df a; / j NnfkNnf] ufp]sf 15d]slnf0{x/y/ a:Yof] cfh tl ufp]df clwsfz ; do cGwsf/ ePsf] b]bf pglx? klg cfkng] 3/df ; fhf/ /fVg] ; fhdf /x]sf] bfxfb]sl j ; Gtl khfdl atfp]5g\ .

3/leqs] kb]f0sf] c; / / jg h^aunsf] lj gf; n] j ftj /of / :j f:Yodf Nofpg] c; /sf af/df hfgsf/L kfPk15 8f]x]bj] f; Ln] vfgf ksfpg k/Dk/fut rhf]sf] ; \$f j fo]a\$B, j fo]bf; , ; wfl/Psf] rhf]k]t cfsliff ePsf 5g\sxl j ifotf j/k/s] jg lfq lj gf; ePk15 bfp/fs] vktnf0{ sd ug{ ; wfl/Psf] rNxf]sf] kj 4gdf nfluk/]sf 5ff] :yfglo j ; Gtl ; gf/n]e]geof] . ; wfl/Psf]rNxf]bfp/fs]vkt sd eP; E]3/leqs]j ftj /of :j R5 xg]ePsf]n]u]x0f]sf] :j f:Yodf ; wf/ cfPsf]pgl atfp]5g\ . j ; Gtl nufot ufp]sf cGo dlxf? klg vfgf ksfpg / 3/df p Hofnf] agfpg xkt]kR5] h^aundf bfp/f lng hfg'gkbf]Tof] ; dodf 3/sf cGo sfd ug{ ; lhnf] ePsf] wf/0ff /fVb5g\ . aQLsf nflu ; fhf/ / vfgf ksfpg j fo]bf; , ; wfl/Psf] rhf]sf] kof]u xg yfn]k15 jg h^aunsf] lj gf; /f]sPsf]dfq xff]g, pglx? o; sf] ; #f0fdf klg nfluk/]sf 5g\ . 6sl afNgsf nflu dl6t]sf] hf]x] ug{ 306f]lx8] ahf/; Dd hfgkg]si6, dl6t]n IsGkbf]sf] vr{art klg ePsf] bfxfb] ufp]sl zfc]tf lj s atfp]5g\ .

@)#% ; fndf c3f{vfrL, uNdL, :of^ahf / ko7fg lhNnfaf6 a; f0; /f0f u// cfPsf
 j fl; Gbfsf] goff j : tLsf] ?kdf lj sf; ePsf] 8f{x|b] ufpdf du/ hfLtsf] afxNotf /x|kg
 afxb, lfpl / s|l blnt kl/j f/sf]klg j ; fjj f; /x|sf]5 . clxn]o; ufpdf \$& 3/kl/j f/sf
 #\$\$ hg; ^aVof j ; fjj f; ub5g\ . kl/of]hgf nfu" ePKl5 o; ufpdf] jftfj /0fo :R5tf /
 ; /; knf0df klg lgs}; wf/ cfPsf]5 . klxn]ufpdf hfbf k/af6}gfs yb/ lx8gkg]cj :yf
 lyof]. clxn]k]ojs 3/df kSsl zfrfno agkl5 ufpdf] /fgs g]ablnPsf]5 . j g lfqsf]
 ; /lff ; #lf0f, kj 4g / j lf/fk0f; Ddsf sfdx? ; fdbflos j g ; dxsf] cuj f0df e0/x|sf
 5g\ . j g ; Dkbfsf] ; #lf0f / lj sf; j tdfg cj :yfsf] nflu dfq geP/ elj iosf] nflu klg
 ug{kb5 eGg]; frsf]lj sf; ePsf]5 .



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Kim Kironi

:yfglo dlxnf?nf0(/sb r'hflj t/Of ul/b)

रकेट चुलोले ल्यायो खुसियाली

“परम्परागत सीप तथा पेशालाई व्यावसायिक स्वरूप दिँदा आर्थिक स्तरमा सुधार आयकोमा उनीहरु आफैँ पनि अचम्कित बनेका छन्। हातमा सीप र जाँगर भयर पनि आर्थिक लगानीको अभावमा केहीगर्न सकिने रहेछ भन्ने विश्वास बढेको छ।”

sfnfj|gxbj| ePsfjn| lgs} ; lhnfj| ePsfj| 5 .Æ kðf|usfj| lx; fan| klg ; lhnfj| ePsfjn| goff
 rhf|k|t ufph|x; sfj| cfsif|of a9|sfj| xj|. o; rhf|df eft, bfn, t/sf/L ksfpq dfq geP/
 /fbl ksfpq klg ; xh ePsfj| : yfglo kj nbj| l ofbj| sfj| egf0 5 . 3/df cfpqj| kfxg|fx; klg
 oxl rhfj| kðf|u u/sfj| xpf| (sfj| xh tf b|v|fpb|) kç+ f ub5gl. sltkon| t cfk|ihf0| (klg o: t)
 rhfj| lsgf0| bg cfux| u/L rhfj| lsg| n|hfj| u/sfj| pgl atfpl|5gl.

3/df /s|b rhfj| h8fg u/k|5 cfk|ngf| hlj| gzh|ldf kl/j| t|g cfPsfj| cgej ; fxl j 8fsl
 kj g bj| lsfj| klg /x|sfj| 5 . laxfg 3/w|bf ub| vfgf ksfp/ 5f/f5f|/lnf0| vj| f0| : sh
 k7fpg ; w| xtf/ xbj| u/sf|df clxn| c? sfd EofP/ klg ; dod| vfgf tof/ u/L
 5f/f5f|/lnf0| : sh k7fpg ; s|sfj| px|f atfpg|5 . j iff|v|sfj| cf|v| bVg| / 5ftl k|f|Vg|
 /f|un| ; tfPk|5 s|b|k6s uf|psfj| : j f: Yor|f|s|df b|v|fP/ sltk6s cf|flw v|bf klg lgsfj|
 gePsfj| /f|u rhf|sfj| kðf|un| s|xl dlxg|d| lgsfj| eof|f| pgn| elgg|.

lbge/ v|taf|ldf sfd u/| ; fem3/ cfPk|5 kgM ef65fdf a: gkbf| pgnf0| (s|Dt kl8f xb)
 gYof|. bfp/f|sfj| hf|xf| ug|b|v 3/w|bfsfj| n5f/f|n| ubf| pgl zf/L|/s? kdf klg lgs} sdhf|/
 ly0gl. t/ ca pgnf0| ol ; a) ; d: ofaf6 dl0m ldn|sfj| 5 . : j f: Yodf ; wf/ ; l|) sfdsfj|
 af|em|sd ePk|5 pgl km| b|sfj| ; do c|6o cfocf|hgsf sfdx; ug| yfn|sl 5gl. pgnf0| (ca
 ef65fsfj| sfd|df >ldfg / 5f/f5f|/Ln|) klg ; 3fpg yfn|sf 5gl. yf|) bfp/ ePklg xbj| efBf
 sfnfj|gxbj| / vfgf klg r|Bfj| kfSgl ePsfjn| kj g bj| lnf0| (hlj| gs) ; Vb cgej ePsfj| 5 .

hgsk/ pkdxfgu/kf|nsf; l|) hf|8Psfj| eP/ klg ox|fsf afl; Gbf nfd| ; dob|v vfgf
 ksfpqj| kðf|ngsf nflu k/Dk/fut rhfj| kðf|u ub| cfPsf| lyP . cfly|s l: ylt /fd|f xbj|
 x; n| Pnkl lbf; kðf|u ug| u/sfj| ePklg clwsfz|nf0| (lbgel/sfj| sdf0n|) ; fem laxfg
 kl/j| f/sfj| xftd|v hf|f|g|dVo r|g|f|L ePsfjn| bfp/f, u07f afn|/ uhf/f rnfpgk| af|Wotf /x|sfj|
 5 . kl5Nnfj| ; do lbf; sfj| cfk|t{ c; xh ePk|5 pglx; n|) klg /s|b rhf|hf0| (g) ; fx/f
 lnPsf 5gl. ; fg|enk8L, To; df bfp/f u07f afNbf lg: sg|w|j| fh| ef65fdf sfd ug| dlxn|f
 dfq geP/ ; fgf afnaf|nsf / kl/j| f/sf c|6o ; b: ox; ; d|t w| fh|6o /f|usfj| ; d: ofaf6
 ul|; t /x|sf 5gl.

j iff|v| bfp/f|sfj| kðf|udf lge| /x|sfjn| uf|f j/k|sfj| h^aun ljgf; ePsfjn| clxn|
 6f9f6f9faf6 NoPsfj| bfp/f lsggk| af|Wotf /x|sfj| 5 . kf|t lSj| 6on ? b0| (xhf/b|v
 ? @% ; o; Dd vr{ u/L lsg|sfj| bfp/f|n| !% lbg k|f|ofpg dlZsn kb5 . cfk|ngf| lfdtfn|
 bfp/f lsg| c; dy{ x|g|; n|) klg C0f u/| eP klg bfp/f lsg| ub5gl. dlxg|d| rf/÷ k|f|
 xhf/ ? k|pf bfp/fdf v|lrgk|bf clwsfz|sfj| cfly|s l: ylt em| sdhf| a|g| u/sfj| 5 .
 bfp/fdf xbj| 7hf| vr|f|fx|s k/Dk/fut rhf|df cfuf| afNbf To; n| : j f: Yodf kf|f| c; /

af6 nfbj cgljs /fjusrj pkrf/df xbj vr{klg plQs}/xjsfj 5 . 3/df nfbj dflg; sfdsfj vfhldf lj bz hfgj / 3/d) ePKlg bfp/fsfj Joj :yfkq ugbjv efg5fsfj ; DkOf(sfddf dlxnf g) vlg6'kgjbf pglx₂ dflj sfdsfj afemlgs}/xgju/sfj 5 .

; dosfj ult; fu) nldlk' aujf / wghl uflj ; n) clxn] ; fg) ePKlg lj sf; sfj goff : j fb lng yfnjsfj 5 . vf; u/l ol uflj ; df ; eQm /fi6^a Blo lj sf; sfoqmdcgtut lj Zj j ftfj /Of sffj÷; fgf cgbfg sfoqmdsfj ; xofjudf ufldOf ; fdbflos lbufj lj sf; s'bb'sfj kxndf hnj fo'klj/tg Gogls/Ofsf nflu j s'lnks pnhf[kj 4g sfoqmdn]/s'bb' rhhfOf[kj 4g u/kl5 :yfglo j fl; Gbfsfj hljgzhlfd kill/j tg cfPsfj xfl . clxn] oxfsf kfom ; ah; fl 3/df /s'bb' rhhfjsfj kofju ePKl5 lhnfnfd)/s'bb' rhhfjsfj upjsfj ?kdf lrlgg yfnjsfj 5 .

egjsfj ahf lbf; kfpq g; lsgj/ cfly's ?kn] klg dx^aufj xgjbf upjsf cfo j fl; Gbfx₂ klg o; rhhfkt cfslift ePsf 5gl. klxn] Pp6f l; ln68/n] dlxgf lbg k'ofpg dlZsn xGyofj t/ clxn] slxn]/s'bb' rhhf t slxn] lbf; rhhf kofju ug(yfnkl5 tlg÷rf/ dlxgf ; lhn) ktgj u/sfj :yfglo kfj tl ; fx atp15gl. o; n] ubf{/s'bb' rhhf pkofustfx₂n] b)gs 06wgdf xbj vr{art ug{ ; s'bb' pgsfj egf0 5 .

Toltdfq xfdg, sltko :yfglo oj'f tyf dlxnfn] cfkfhg} upjdf /s'bb' rhhf agfP/ /fjhuf/L klg kfPsf 5gl. kl/ofhngfn] :yfglo gf} hgf oj' fnf0{/s'bb' rhhf lgdOf tyf ddt; Da6wl tflnd lbPKl5 pglx₂n] o; nf0{ cfocfhgsfj dflwod agfPsf 5gl. dfl; s ?kdf kl't JoIQm; ft xhf/bjv bz xhf/ ?kbf; Dd cfhg ul'/xjsfj pglx₂ atp15gl. /s'bb' rhhf kofjuaf6 cfkfhg₂n] cfdbfgl ug{kfPsfj/ uph₂n] nf0{klg wj fdlQmu/fpg ; s'bb' vZl ub{d6h' ; fz e65g) eofj klj lw t xfdl ul/asf nflu a/bfg g)/x5 . clxn] rhhf h8fg ug₂ ; a)vZl 5gl.Æ wdfwd dflg; x₂ rhhf agfpg pT; flxt /xjsfj / j NnfkNnfj uflj ; sf dflg; x₂n] cfkfhf0{ rhhf agf0lbg eGj u/sfj pgsfj egf0 5 .

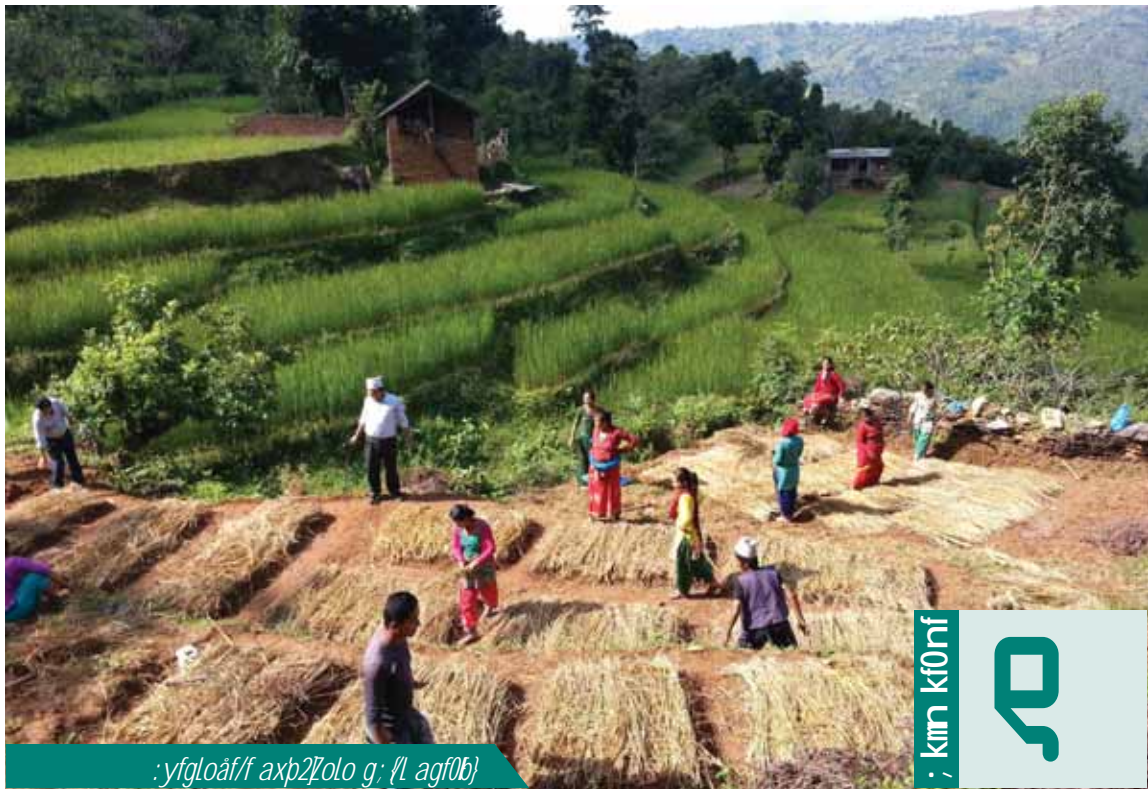
kl/ofhngfn] upjdf cfo ; lkd'hs tflndx₂ klg kbfq u// w)hf0{ : j cfhgsf nflu ; lfd tNofPsfj 5 . ; f'bo{f; Da6wl tflnd lnP/ Aol6kfn/ s'bb' :yfkqf u/kl5 aujf-(sl kgd bjj lsfj cfly's cj :yfdf lgs); wf/ cfPsfj 5 . 3/sfj cfly's cj :yfdf sdhf/ ePsf sf/Of ; wj xftdv hfgj ; d:ofn] lk/fjnPsl kgdsfj cfly's cj :yfdf clxn] lj :tf); wf/ cfpg yfnjsfj 5 . dlxgdf gf;-bz xhf/ ?kbf cfdbfgl xg yfnkl5 ca pgnf0{3/ Joj xf/ rnfpg lgs); lhnf] ePsfj 5 . kgd e65g) ækl/ofhngaf6 ; lk lj sf; u// cfkfhg} v'bfd pleg ; lfd tNofofj. W klxnf r/f kftjsf nflu >ldfg; fu Ps b0{ ; o ?kbf'sf nflu xft k; fg{kbf{pgnf0{ lgs}lhfgl xGyofj . cfkfh] cfhg u/l 3/vr{

rnfpq >ldfgnf0{ ; xofju ug{kfPsfdf pgl vZl b}vlg5gl. cfkib} sdf0n} pgn} 3/df /sḅ rhfj h8fg u/ḅl 5gl. slxn}sfxf/ flt ca/ sfdaf6 cfpbf >ldfgn} efg5f tof/ u/ /fv}u/ḅf} pgl atfpf5gl.

clzlf / ul/aln} ubf{ ; ?df ufphk}nf0{/sḅ rhfḅf} dxTj sf af/df cfZj : t tNofpg Tolt ; lhnfj lyPg . lj leḅg hgr}tgfdhs cleofgxḅ ; ~rfngkl5 lj :tf/} pglxḅ o ; klj lwklt cfsliff ePsf xgl. kl/ofḅhgaf6 ufj ; sf lj leḅg j 8fdf dlxfn ; dx u7g ul/gḅf} ; fy} :yfglo lj Bfnoxḅdf klg k/Dk/fut rhfḅf akrf0bfxḅ, jg h^aunsf ; /lfof, j ftfj /oflo dxTj, hnj fo'klj}tḅgsf sf/0fxḅ tyf 3/leq xbj} fo'kḅf0faf6 xbj :j f:Yo ; d:ofxḅ sf af/df cj ut u/fpg} vfnsf slffxḅ ; ~rfng ePkl5 ufphk}n} lj :tf/} /sḅ rhfḅf0{ kḅfju ug{yfn}sf xgl. o ; sfdḅf ufj ; df /xḅf lj leḅg ; /sf/L, u/ ; /sf/L tyf ; fdbflos ; +yf, o} f Snaxḅn} klg ; xofju u/ḅf} /fhf} dlvo} atfpf5gl.

kl/ofḅhgfn} !* dlxḅgf} cj lwd} ; dbfodf /fdḅ} kḅfj b}vfPsf} 5 . k/Dk/fut rhfḅf} 7fpḅf /sḅ rhfḅ} 3/leqsf} j ftfj /of ; krf; ḅ3/ agfPsf} 5 . ; fdfhs ; befj df j 4 / 5j f5t k/Dk/fnf0{ḅḅls/of ugḅf o ; n}d2t u/ḅf} 5 . ufphk}df ; j f:Yo; Daḅwl r}tgfsf} :t/ dfly p7ḅf} 5 . vf ; u/L dlxfnsf} cflyḅ tyf ; fdfhs hlj g:t/df cfPsf} klj tḅn} pglxḅsf} ; zQḅs/of ePsf} 5 . klxfn bfp/f ; ^aḅngb}v vfg} ksfpg} eḅf ; krf ug{ nḅḅ} ; dodf pglxḅ ca cfodhs sfd ug{yfn}sf 5gl.

kl/ofḅhgfn} vfgkfglsf} ; d:of eḅnb} cfPsf ufḅf f ; lnf0{ kfglsf} cfklt{ u/ḅf} 5 eg} ḅḅḅo lj Bt\nf0gaf6 aQL afNḅ c ; dy{e0{clwof/fdf a:g afwḅ sltko kl/j f/nf0{ ; f} nf/ 6sl lj t/of u/ḅf} 5 . w/}pTkbḅg ug} nḅḅdf /f ; folgs dn tyf lj iffḅlsf} kḅfju ubf} cfPsf ls ; fgxḅnf0{h}j s sliffkḅnḅḅ klg kḅ/t u/ḅf} 5 . ufḅsf \$% hgfsf} ; b:osf} ; dxn}Jofj ; flos t/sf/L v}ḅlsf} ; ?j ft u/ḅf} 5gl. k/Dk/fut ; lk tyf kḅzfnf0{Jofj ; flos :j ?k lbbf cflyḅ :t/df ; w/ cfPsfdf pglxḅ cfkḅ}klg crldet agḅf 5gl. xftdf ; lk / hfū/ eP/ klg cflyḅ nufḅlsf} cfj df sḅxlug{ ; lsgl/xḅ eḅḅ lj Zj f ; a9ḅf} 5 . sfdn} sfd l ; sfḅfj/xḅ, To ; nf0{kl/ :st ubf}nḅḅḅafḅḅ klg l ; sfḅfj/xḅ, pglxḅsf} o:t}cgḅj /xḅf} 5 . Joj ; fo cfkḅdf 7hfj j f ; fgjxbḅḅ . sfd ug{bḅ} 0R5f / hfū/ ePdf hḅ ; ḅ}Joj ; fo klg ; kmn xḅfj/xḅ eḅḅ egf0nf0{ nldk/ auj f / wḅḅlsf j fl ; ḅfn} ; flat ul/lbPsf 5gl. lj sf ; sf nflu eḅts k} f(w/ ; ḅ} r}tgfsf} :t/df klg ; w/ cfpg h?/L xḅ5 eḅḅs/f oxḅaf6 b}vḅ ; lsḅ5 .



:yfgloãf/f axp2Zolo g; /l agf0b}

: kim k10nf



बढ्दो आकर्षण अर्गानिक खेतीतर्फ

“जथाभावी रासायनिक मल प्रयोग गर्दा माटोको उर्बरा शक्ति कम भएकाले राम्रो उत्पादन हुन नसकेको हो भन्ने कुरामा किसानहरूलाई मैदान गाविसमा प्राङ्गारिक खेतीमार्फत हासित माटोलाई पुनःस्थापितमा जोड दिइएको छ।”

वि utdf wj} pTkfbg ugj nředf k/L hyfefjL /f; folgs dn křfu u/sf wřb^a dplsf
 Is; fg 0Zj /lk| fb eš Tolta}nf 5fgaf6 v; |h: tf eP hltajnf pgsf| v|
 taf/Ldf ca klxnřsf| cfwf klg pTkfbg xg g; Sg| hfgsf/L yxf křP . pTkfbg
 sd xgřsf| sf/0f k0f nufpgsf nflu !@ \$ 7řpsf| s|if ug| hldgaf6 df6řsf| gdgf In0(
 k/Lif0f ul/Psf| lyof|. k/Lif0faf6 df6řdf cldnokg a9L ePsf| kř0Pk15 pgdf lrġtf xg'
 : j eflj s g| lyof|.

kZ: tdfqdf /f; folgs dn /Vbf klg sxl j ifb| v j ; ġl pTkfbg 36g yřnk15 lrġtt
 agřsf pgl ca slxNo}o; řlguġ| a? u0j : třřdndqdf cġo j : t'ldnřP/ /Vg yřnřsf 5g.
 o; n| lj : tř/} pTkfbg a9g yřnřsf| pgl atřp5g|. rřřf vfg uPsl a9L enřndf 8a| d/L
 eġg| pvfg cfkřhf0(r|/ třf(ePsf| atřpb) pgl eġ5g| æ/f; folgs dn dfq| xřn| pTkfbg
 ubf| ; ?sf sxl j if{ pTkfbg ePk1g lj : tř/ df6řřf0(laufġ| / pTkfbg 36g| xbf o; tkř
 ; /sf/n| Is; fgřf0(; dod); ř|t / hfus u/fpg' kb5 . A

/f; folgs dn / lj iffbłsf| a9L křřun| t/sf/L tyf vřBřg pTkfbg 36k15 0Zj /L k| fbh: t}
 dplsf cġo Is; fgx? klg cufřgs vřtdf cfslřřt ePsf 5g|. cDnLokg a9b) uP/
 pAġl xg 5ř8k15 Is; fgx? cufřgs vřtl tkř cfslřřt ePsf xg|. /f; folgs dn /
 lj iffbłsf| lj sNkdf sDkř6 dn hjj s dn tyf hjj s lj iffbł křřuaf6 vřtl ubf df6řřf
 cDnLokg 36b) hfg| s|if lj sf; sfořnon| ġgfPsf| 5 .



l; řř0sf| nflu křv/Ldf křgl ; sng ul/b}

/f; folgs dn / lj iffbl /fv/ pTkfbg u/sfj cGgafnl j f t/sf/Ln) dfgj :j f:Yodf uBel/ c; / kgj yxf kfPkI5 t pgn) c? Is; fgnf0(klg cuffgs pTkfbg ugt kn nfbg clekl)/t u/sf 5gl. lj :tf/)pgsf]o; egf0nf0(ufp]sf cGo Is; fgn)klg dgg ug(yfn) sfn) d]l upf cuffgs cGgafnl pTkfbgsf] xg] up]sf] ?kdf kl/lrt xg yfn]sf] 5 . cfkn]f0(cuffgs v]tLtkn]nfbg cfMv vf]n]bg]sfd eg]d]xnf lj sf; ; +yfn)ul/lbPsf] pgl atfp]5g).

; eQm/fi6e a]Blo lj sf; sfoqndc]t]t lj Zj j ftj /of sff]÷; fgf cgbfg sfoqndsf] cfly]s ; xof]udf ; g!)@) \$ df d]xnf lj sf; ; +yfn) ; ~rfng u/sf] h]j s v]tL k]ffnl]af/f lfos]t e]dsf] kg:yf]kgf; Da]wl kl/of]ngfn) k]a]uf]l/s v]tLtkn] Is; fgnf0(k]ff] ; flxt u/sf] 5 . lj utdf /fd] cGgafnl pTkfbg pTkfbg xg] hldg lj :tf/) x] ; xb) uPsf]n) d]l]sf Is; fg lri]tt ePsf lyP . hyf]j]L /f; folgs dn k]f]u ubf] df]f]sf] pa]f zIQm sd ePsf]n) /fd] pTkfbg xg g; s]sf] x] eGg] s]df Is; fgx?nf0(d]bfg u]lj ; df k]a]uf]l/s v]tLdfkn]t x]l; t df]f]nf0(k]g]l:yf]ktdf hf] lb0Psf] 5 .

lj leGg k]f]sf k]a]uf]l/s v]tL; Da]wl t]fnd / u]l]7L cfo]ngf u/] Is; fgnf0(k]a]uf]l/s v]tLsf] dxTj / /f; folgs v]tLsf] :j :y tyf j ftj /ofdf k]g] c; /sf] af]df r]tgf huPsf] 5 . o; sfoqndc]t]t d]l]df b0] 6f k]a]uf]l/s vfg dx]f] ; j cfo]ngf ul/Psf] lyof] . o; n] d]lj f; lnf0(k]a]uf]l/s v]tLtkn] cfs]i]ft u/sf] 5 . k]a]uf]l/s vfgfn) df]g; sf] :j f:Yodf ; sf/]tds k]f]j kfg]dfq x]f]g, /f; folgs dn / lj iffbl vl/b ug(nfbg] vr{ klg aRg]xb] Is; fgx? lge/ xb] 3/df kzk]ng ug]qnd 36b)uPsfdf clxn)k]g]l 3/3/df kz' k]f]ng yfn]sf] 5gl. afvf] , sv/]fkn]gb]v uf0e] L k]f]ng yfn]k]I5 b]w / df; sf] dfu klg plQs)xg yfn]sf] 5 .

clxn)oxffs %) \$ 3/w/Ln) sl/a %)) /f]kg] hldgdf k]a]uf]l/s dn k]f]u u/L sf]pnL, a]bf, sfutL, l; dl, af]bl, kofhh: tf lj leGg hf]tsf df; dl tyf j]df; dl t/sf/L v]tL u/] /fd] c]f]bfgl ug(yfn]sf] 5gl. ; +yfn] Is; fgnf0(; docg; f/sf t/sf/Lsf] laplahg klg pknAw u/Psf] 5 . ;]t]f] a:g]tn) tl]g j if(c]3 \$ /f]kg] h]wdf cuffgs t]/sf]n) t/ sf/L nufPsf] lyP . k]f]os lbg laxfg l]k]sf] t]hf t/sf/L IsGg pgsf] 3/d]uf]xsx? c]pg yfn]sf] 5gl. pgn]/f; folgs dn tyf lj iffbl k]f]u gu/L pTkfbg u/sf cuffgs t/sf/Lsf] dVo ahf/ sf7df]sf] 7hf x]f]n xg]. lj b]zL k]f]sn] cuffgs t/sf/L vf]hg yfn]k]I5 x]f]nx?n] up]d]c]fP/ cuffgs t/sf/L vl/b ug(yfn]sf] 5gl).

kl/of]ngfn) o; sf] ; dfwfgsf nflu @) xhf/ s]hl rg] To:Tff clDno df]f]df x]f]ng ; xof]u u/]f] . ; ?df t xfd]n] df]f]df rg] /fv/ clDnokg sd x]f]nf eGg] ; f]rsf klg lyPg]f

bj Ldf of cfn] egj, geGb) o; n] df6fjdf /x]sf] c]Ndokg x6fpg'sf ; fy} df6f]sf] pma{/f z]Qmklg a9fP/ klxn]s}h: tfj /fd] pTkfbg lbg yfn]sf] 5 .

o; kl/of]hgn] h]j s dn agfpg / k]f] ; fxg ug]sf nflu !%) j 6f ; wf]/Psf] uf7 lgd]f]df klj ; xof]u u/]sf] 5 . o; sf] lgd]f] ; f] j : t'efpsf] dndq /fd]f] ; f] ; ^asng ePsf] 5 . klxn] v]tj f/Ldf u8bf]nf b]vP dfg{ v]f]Gj ls; fg clxn] o; sf] dx]j a'eng yfn]sf 5g\ . u8bf]nf] t uf0e} Lsf] dn, df6f]nf0{xNsf agfpg] ePsf]n] o; nf0{dfg] x]f]g, htg u// kfNg yfn]sf 5g\ . h]j s dn v]t]af/Ldf x]Nbf df6f] dlnnf] v'shf] x]g] ePsf]n]pTkfbg a9]sf] ; Lt clwsf/Lsf] syg 5 . o; kl/of]hgfcGt{t !% 3/w/Ln]%) /f]kgl hldgd] Ps]s]t s]if k4]t ckgf0 ds} wfg, cuff]gs t/sf/L v]tL ; ? ePsf] 5 . ls; fgx?df cuff]gs v]tLtk] cfsif]f a9] ; f] ol u]lj ; nf0{L cuff]gs len]h] sf] ?kdf lj sf; ug{ ; lsg] lhNnf s]if lj sf; sfof]nosf sh axfb/ u?E atfp5g\ .

ahf/df cuff]gs t/sf/Lsf] dNo a9L /x]sf] 5 egj laqm]sf nflu; d]t ; d:of gePsf]n] ls; fgx? o; df cfs]liff ePsf] nfd]sf] egf0 5 . ..clxn] l6kgf; fy laqm] x65 dfu]h] t k'ofpg] ; lsg] l] lj i0f]df of l3ld/]n] elgg\ . :yfglo ahf/df dfq} ge0{ sf7df8f; kf]v/]f, gf/fo0fu9nufotsf ahf/af6 ox]f]sf] ; d]t cuff]gs t/sf/Lsf] dfu cfPk]5 ahf/ sf] sg} ; d:of gePsf] lai0f]df of l3ld/]n] elgg\ . cuff]gs v]tL ubf{ ls; fgn] k0f]t of /f; folgs dn / lj iffbl x6fpg yfn]sf 5g\ . To; sf] ; \$df uf]p] l]gd]t sDkf]6 dn ufa/ dn h]j s dn lttk]tL, asf0gf] cflbaf6 agf0Psf] h]j s lj iffbl tyf uf0]sf] ux]t]nf0{ lj iffblsf] ?kdf k]f]u ug] u/]sf] ls; fgx? atfp5g\ . cuff]gs v]tLk]t ls; fgs]f] cfsif]f a9]k]5 h]j s lj iffbl pTkfbgs]f] qnd; d]t a9]sf] 5 . k]5Nnf] ; dodf d]l]sf lj iffbl k; nx?df ; d]t h]j s lj iffbl kfpg yfn]Psf] 5 .

o; l]qdf kfg]sf] kof]t ; f]t kof]t gxbf dflg; nf0{ g} vfgkfg]sf] cefj /x]sf]n] v]tLk]t]sf nflu cfj Zos l; lrf0sf] ; d:of 68sf/] /x]sf] lyof] . kl/of]hgn] b0]j 6f vfgkfg]sf dxfg ; #f0f / dd]t u/k]5 \$% 3/w/Lsf j fl; Gbn] vfgkfg] ; lj wf kfPsf 5g\ . j iff]p]ddf cfsf; sf] kfgn] afn]lgn]nf0{kfg] ePk]g lxp]sf] ; dodf eg] /fd]f] ; f] v]tLk]tL xg ; Sbg]Yof] . kl/of]hgn] uf]p]f * j 6f kf]v/]L lgd]f] u/k]5 ; Vvf ; dodf l; lrf0 ug{ lgs} ; lhn] ePsf] lrf/]h]j l ; f]f0{atfp5g\ . Pp6f kf]v/]Ldf cf; tdf #) xhf/ ln6/ kfgl ; ~ro ug{ ; lsg] ePsf]n] To; af6 @)-@% /f]kgl hldgd] l; lrf0 ug{ ; lsg5 . ca ox]f]sf ls; fgx? t/sf/L / c6o lxp]b] cGgafn] nufpg p]t; flxt ePsf] 5g\ .

y]kf l; lrf0nf0{k] 4g ug{ %) j 6f y]kf l; lrf0sf nflu cfj Zos kf0k, 8d pknAw u/f0Psf] 5 . o; n] t/sf/L pTkfbgd] j]4 ePsf] 5 . o; kl/of]hgn] d]l] u]lj ; df !*



dlxnf ; dX df6fjsfj ; #lf0fsfj af/bf ult ; gfpb)

j 6f s|if ; dxx? agf0(sfoqnd ; -rfng u/sfj 5 . tl ; dxdlwo)Psj 6f dlxnf dfq) ; b:o /xjsfj ; dX 5 . Pp6f ; dXdf !% b|v \$% ; b:o cfj 4 /xjsfn]oxffsf ; ah ; fl dlxnf / k?if ; dXsf ; b:o /xjsf 5g). ufpdf kfqlsf ; ft ; Sg glbg / h]j s lj lwtf ; #lf0f ugfs nflu kl/ofhngfn]@%) x\$6/ hldgdf j|lf/fk0f klg u/sfj 5 . ; fdbflos jg, salnotl jg, ; /sf/L jg, xfl ; t jg lfg, lghl jg / s|if jgdf lj leGg klhfltsf ?vsf lj ?j f h:t}nk ; L, d ; nf, cld} fl aff, lnrl, cfk, ; Gtnf, l ; ; f} rfk, vlgofsf lj ?j f nuf0Psf 5g). lxfh ; Dd ; Vvf / phf8 b]vlg] dpl ufplj : tf}xl/ofnlN] 9fSg yfn]sfj 5 . o ; kl/ofhngfn] kfr j 6f ; fdbflos jgsfj / kfr j 6f salnotl jg sfob]hgf agfpg klg d2t u/sfj kl/ofhngfsf ; ofhs /fdk} fb clwsf/L atfp5g).

vfgf ksfpgj bfp/fsfj nflu j ghundflysfl lge/tfnf0(sd u/L 3/leqsfj j ftj /of ; knf / ; j R5 /Vg kl/ofhngfn] ; wfl/Psfj rhfl lgdf0fdf klg ; xofu u/sfj 5 . oxffsf ; o 3/ df clxn] ; wfl/Psfj rhfl h8fg ePsfj 5 . o ; n] vfgf ksfpg bfp/f sd nfb]sfj ; fy) dlxnf / afnaflnsfj : jf:Yo cj :ydf ; wf/ cfPsfj zf/bf eS atfp5g). ; ?df cuffgs v]t]sf dxTj sf af/bf ls ; fgsfj lfdt clej 14 ugfs nflu lj leGg tfnd, cj n]sg ed0f u/f0Psfj lyof]. cfh Toltahf pglx?nf0(/f; folgs dn g/flvsg klg o ; /L /fdfl pTkfbg ug(; lSpnf / 0eGg] nfu]sfj lyof] t/ cfh cfkn] To ; /L pTkfbg ug(; kmn ePsfdf pglx? b^au b]v65g).



90

: Kim Kionf

dsj fgk/sfj xfbLvfnfl: yt kfjv/Ldf df5fkfng

माछापालनमा पोलिकल्चर प्रविधिको अभ्यास

“पहिले अन्नबाली लगाउँदा त्यति नै जग्गात्मा दुई चार मुरी अन्न बाली उत्पादन हुँदैनथ्यो, अहिले माछा विक्रीबाट सजिलै डेढ लाख रुपैयाँ आम्दानी गर्न सकिएको छ । सुरुमा व्यक्तिगत प्रयोजनका लागिमात्र माछापालन गरेका किसानहरू अहिले व्यावसायिक बन्न थालेका छन्।”

के xl j ifc13; Dd vfñfdf df5f df// hlj sfkfhg ub} cfPsf ; fgstf5f lty^a PsfPs df5fsfj ; Vof sd ePk15 lrltt a6g klj . hyfej l s/6 nufP/ df5f dfg{ qnd a9; } df5fsf e/f; dt dg{ yfnk15 vfñfdf df5fsfj ; Vof Xj fQ} 36g uPsfj lyofj . df5f df// hlj sfkfhg ug{ pglh: tf k; { xflvñfsf c6o w/} Is; fgnf0{ laxfgahsf xftdv hfg{g} ; d:of a6g klbfj . lty^a e65g) k: tff} v xfdj kvfx? oxl vfñ nfsfj df5f df// vfgj/ arj/ uhf/f ub} cfPsf lyP . xfdl klg oxl vfñfs) df5f df// hlj g rnfpgj ub{ of/t/ lj : tf/ df5f sd kfg yfnk15 s; /L hlj g wfegj e6g lrltt a9sfj lyofj . b0{ c9f0 lj 3fdf df5fkfng ub} cfpgePsf lty^an} j ifdf !) ÷!@ nfv ?kpf sdf0 xg} u/sfj atfp5g} .

; d:ofn} ; dfwfgsfj af6fj klxNofp5 egj eno; sfj lj sNksfj ?kdf dl; g} vfñfdf s/6 nufP/ df5f dfg{ a6b ul/ofj . : yfglo hftsfj df5fsfj ; #f0f ug{ sfk{I; ; kfjnsNr/ klj lw ckgf0Psfj 5 . ; ?df : yfglo /yfgj hftsf df5fsfj cg; Gwfg u/L s} slt hftsf df5f vfñfdf kf065g) e6g} kQf nuf0ofj . . vfñfsfj kfglnf0{ NofP/ vfñf lsgf/d} kfj v/L lgdff ul/ofj . kfjv/Ldf vfñfsfj kfgl; } cfPsf : yfglo hftsf df5f lyP egj aflx/ af6 NofPsf sfk{ klhftsf df5fnf0{ klg kfjv/Ldf 5f18ofj . Pp6} kfjv/Ldf ; fgf /yfgj df5f tyf sfk{ klhftsf df5f h: t}/fx' l; Ne/ sfk{ ufj; sfk{ cflb df5f ; } ; } /flvofj . o; n} b0} vñsf /yfgj / cfofitt df5fsfj ; Vof a9g yfnofj . ofj klj lw j unfb} zaf6 l; lsfj xj .

: yfglo Joj ; folnf0{ sfk{ hftsf df5f lj qm u/L /yfgj df5f cfkth} vfg elgPsfj lyofj t/ /yfgj hftsf df5fsfj dNo a9L kf0g} ePsfj pglx?n} /yfgj hftsf df5f arj/ sfk{ df5f cfkth} vfgj u/sf 5g} . kl/ofhgn} en08} ; o j 6f o: tf kfjv/L lgdffdf ; xofju u/sfj lyofj . df5fkfngsfj ofj lj lw lgs} k6fj sf/L ePsfj clxn}



df5fkfngsfj c j n}sg ub} : yfglo ; /sfj/ j fnfx?

oxf yk| kfjv/L lgdff ePsf 5g. df5fkfng u/fpg' :yfglo df5fsfj ; #f0f kl/ofjhgfsfj p27o gePkig :yfglo khfifstf df5fsfj ; #f0fdf egj ; xofju u/|sfj 5 . clxn| ofj klj lw hdnfsfj tftfkfgl a9f/Ldf klj ; ? ul/Psfj 5 . o ; } j ifsfj af9ln| !) j 6f kfjv/L kl/Psfj 5 .

yfj| nufgl, sd ldxgjt tyf 5f|fj ; dodf w|} cfdbfgl xg| ePkI5 s|fsx, Jofj ; flos df5fkfngkl|t cfslift ePsf lhNnf s|if lj sf; sfoffon| hgfPsfj 5 . k|v lgdfn kwfng| e|geofj . oxl lx; fan| df5fkfng Joj ; fo km 6fP/ uPdf o; lfgnf0{d:To s|if kobgsfj?kdf lj sf; ug{; lsg|pxf|sf|lj Zj f; /x|sfj 5 . df5f pTkfbgdf cfdlge| a|g|/ o; sfj pTkfbgaf6 ls; fgsfj hlj g:t/df ; sf/ffds kl/j tg Nof0{ ul/al lgj f/of ug| p27on| ; 0Qm/fi6, 3lo lj sf; sfoqnd, lj Zj j ftj /of s|ff÷; fgf cgbfg sfoqnds|j ; xofjudf u|ldof ; dfh lj sf; s|b| -PdI8cf0_nj ; g|@)!@ ; fnb|v dsj fgk/df ; ~rfng u/|sfj :yfglo df5fsfj ; #f0f kl/ofjhgfn| s|fsnf0{Jofj ; flos df5fkfngdf n|fg k|/t u/|sfj 5 . o; lfgnf0{df5fsfjksb lfgsfj?kdf lj sf; ug{ nfluPsfj sfoffon| hgfPsfj 5 .

xfBlvfjndf klxn| kz:t df5f kf0Yofj . :yfgloj f; ln| To; sfj ; dlrt 9uaf6 e|6f vfjndf s/|6 nufP/ df5f dfq{ yfn|kI5 ; fgf e/fx? klj dg| ePsfjn| qndzll df5fsfj ; Vof sd xb|uofj . o; n| df5f df// hlj sf|kfhg ug| sltkonf0{ xftdv hfj| ; d:of kg{ yfNofj egj vfjndf df|/Yofj . o; n| df5f dfq ge0{ kfgldf /xg| c6o hlj h|t' klj gfl ; b|uPsfjn|o; sfj c; / h|j s lj lj wtdf kb|ofj . clxn| 3/3/df df5fkfng xg yfn| kI5 vfjndf s/|6 nufP/ df5f dfq qnd sd xb| hlj s lj lj wtdsfj ; #f0fdf of|ubfg kl|sfj P18cf0|sf gj lg ; j |l atfp5g|.

rf/ j ifcI3; Dd k; f{xfBlvfjnf-& sl sNkgf v|tj 8fnf0{ 3/w|6f / v|tlls; fgl ub|f kn| b| xb|Yofj . afx| dlxgf v|taf/L / Hofnf d|b|/Ldf sfd ubf| klj hlj sf|kfhgdf sl7gf0 x|Yofj t/ clxn| pgn| df5fkfng Joj ; fo z' u// cfdbfglsfj ; #t a9f0/x|sl l5g| . ca pgl Pp6l u|x0fl geP/ ; km df5fkfns Joj ; folsfj?kdf cnlu| klxrfg / fv|g ; lfd ePsl l5g| . klxnf wfg, ux|v|tL u// s|x| ug{ ; lSpG, Toxl v|tdf kfjv/L lgdff u// Jofj ; flos df5fkfng z' ug{yfn| rf/ kfr uoff cfdbfgl a9g yfNofj pgl e|5g|... cfknt| u; sh k9|sf ; fylx? sf|x| ; /sf/L hflu/df ePklg cfkntf0{sbj}k5'tfjgePsfja? pglx?sfj cfdbfgle|6f cfknt| a9l gj sdf0 ug{ ; s|sdf pgnf0{uj {n|b5 . |

cfknt| u /x|sfj ; ft sYf hldgdWoj Ps v|tL klj /fd| pAhgl gxg| cfj ; n| efudf df5fkfj v/L agfP/ Jofj ; flos df5fkfng ug{ ; ? u/|sl pgl e|65g| "j ifdf g| e|68} 89 nfv ?k|f cfdbfgl ug{ ; km ePsfj 5' . " klxn| Ps d/L wfg gkn|lg| v|tdf clxn| df5fn| /fd|

cfDbfgl lbg yfnk15 pgsfj kfirhgfsfj kl/j f/nf0(klxn)h: tfj nfpq vfgsfj sbj ; d:of 5g . sxl /sd art ug(yfnjsfj)pgl atfp15g).

/fhuf/lzf nflu slxn] ef/tsfj ufj f / slxn] dnj; nf efi/tl/Psf pgsf >ldfg gf/fo0f vltj 8f klg clxn] 3/d) a; / pgnf0(Joj ; fodf ; 3fpg yfnjsf 5g\ . k/Dk/fut wfgv]tle6bf Jofj ; flos df5fkfngaf6 kfir u0ff a9L cfDbfgl lng ; lsgj/x5 gf/fo0fn]egj ..cf^g) v]taf/Lnf0(; bkofju ug(; s]df Toj cfly\$ pkfhgsfj /fd] ; f]t a6g ; Sg] /x5, dflg; n] lj b]zdf hfgkb] . l vltj 8f bDkQln] df5fkfv]/Lsfj l8ndf s]/f, t/sf/L v]tl klg u]/sf 5g\ . pgn] au/kfng / sv/fkfngnf0(klg ; l; l; cuf18 a9fPsf 5g\ . klxn] hldgnf0(lr6g g; Sbf Tolts)ldlNsPsfjlyofj o; sfj; xl pkofju u/bf]egjTo; df k; f dfq k1Ng] /x5 sNkgfn]elgg).

cfDbfgLsfj pRr ; f]t v]t]g] qmddf dsj fgk/ xflv]fh]fsf s]fsx2n] wfgv]tl df; / df5fkfng ; ? u]/sf 5g\ . k/Dk/fut wfgv]tle6bf r]juf cfDbfgl xgk15 wfg v]t df; / xflv]fh]f-& sf s]fsx2n] df5fkfng ug(yfnjsf) xg\ . wfg, ds) tyf t/sf/Lh:tf k/Dk/fut v]tLsfj lj sNkdf df5fkfngnf0(pglx2n] :j Lsf/ u]/sf xg\ . ut j ifaf6 ; ? ePsfj df5fkfngn] /fd] cfDbfgl lbPk15 df5fkfngdf cfsif0f a9bf] qmddf /x]sf] csf] ls; fg zq3g ; j]l ; g]fp5g\ . gkfnl ; g]faf6 lgj Q ePk15 pgn] kfir sYf hldgdf df5fkfng u/ Ps j ifd]b0(nfv ?k]b]e6bf a9L cfhg(ug; s]sfj)atfp5g).

dl; g] v]fh]fsfj lsgf/df /x]sf v]t / af/Lnf0(dj; g nufP/ pglx2n] df5fkfngsf nflu pkoQm kfjv/L agfPsf 5g\ . :yfglo s]fs tyf rl/of s]if ; xsf/L ; +yfsf cWOLF; d]t /x]sf ; fg]sf65f ltt^n] o; l]qdf df5fkfngdf ls; fgx2sf] cfsif0f a9]sf] atfP . pgsf cg; f/ ufp]sf clwsfz kl/j f/n] c6g pAhl] xj] hldgdf kfjv/L agfP/ df5f kfNg yfnjsf 5g\ . df5fkfnsf nflu Pd8Lcf0(gkfn, lhNnf s]if lj sf; sfoffno dsj fgk/n] ; xhls/of u]/sf 5 . clxn] sl/a !%) 3/ kl/j f/n] @!# j 6f kfjv/Ldf Jofj ; flos 2kdf df5fkfng ul//x]sf 5g\To; dWoj % j 6f kfjv/Ldf e/f pTkfbg g; {L kfjv/L /x]sf] 5 . pglx2sf] df5fkfng b]v/ j 8f g+@, %, ^ / & sf ls; fg klg cfsliff(a6b)uPsf] cWOLF ltt^n] atfP . pgsf cg; f/ !# j 6f kfjv/L rl/of s]if ; xsf/L ; +y lnd6]bn] ; -rfng u]/sf] 5 . df5f lj qm]sf nflu ahf/sf] sbj ; d:of gePsf]n] klg ls; fgx? o; tk] cfsliff(ePsf xg\ . rl/of s]if ; xsf/L ; +yfn] ls; fgn] pTkfbg u/ hit ; a)df5f kfjv/Laf6) lslglbg] ePsf]n] :yfglo /fdxl/ lj i6n] Jofj ; flos df5fkfng ug(yfnjsf) 5g\ . klxn] c6gafnl nufpbf Tolt g] hlwdf b0(rf/ d/L c6g afnl pTkfbg xbg]Yofj, clxn]df5f lj qm]af6 ; lhn]8]9 nfv ?k]b]f]cfDbfgl ug; lsPsf]5 . ; ?df JolQmut k6]fh]gsf nfludf df5fkfng u]/sf ls; fgx2 clxn] Jofj ; fols a6g yfnjsf 5g).

df5fsf] ahf/ Joj :yfkgsf] nflu o; rI/of s|if ; xsf/L ; +yf Inld6Bn] x|f|f-!), l6l; Pg /f|8df t/sf/L tyf kmkmh a :t' l] qm s|f lgdf|f u/L df5fsf] l] qm u/|sf] 5 . o; l] qm s|faf6 Ps s|hl df5fsf] ? #%) b|v ? #*) ; Dd l] qm u/|sf] 5 eg] ls; fgsf] kf|v/Ld}Ps s|hl df5fsf] ? @#) b|v @%) ; Dddf vI/b xg]ub5 . cf} ; tdf Pp6f kf| v/Laf6 Ps lSj 66n df5f pTkfbg xg]ub5 . df5f : j flbnf] tyf kf]i6s v|Bj : t'ePsfn] df5f vfgfn] z/L : j :Yo / t|b? : t /x65 e|g]df|otfn] kl5Nnf] ; do df5fsf] dfu a9] ; l]o; n] c? v|tLh : t}wfg, ds|e6f a9L cf|bfgl xg] ePsfn] o; l|qsf ls; fg o; Joj ; fotk| cfslift ePsf 5g|.

s|fsn] k|tx|6/ # nfv ?k|bf vr{ u/| kf|v/L lgdf|f u/|sf 5g|. Jofj ; flos ; kdf df5fkfng yf|Ng]h] k|f| ; ftj 6f kf|v/L lgdf|f u/|sf 5g|. Joj l : yt df5fkfng Joj ; fosf df|Wodaf6 ul/al lgj /of / s|fssf] hljg : t/df ; wf/ Nofpg ; lS65, wfgv|tL ub| cfPsf /fdx|/n] cfk|l ; t /x|sf]Ps l] uxf l|gdg| tlj 6f kf|v/L lgdf|f u/| Joj ; flos df5fkfng z' u/|sf 5g|. pgn] eg] .k/Dk/fut v|tLaf6 3/ rnfpg wf] wf] ePk15 Joj ; flos df5fkfng z' u/|sf x|f. k/Dk/fut s|f k|ffnlnf0{ Joj ; flos agfpg tyf Joj ; flos df5fkfngsf nflu l|dtf clej |4 ug| s|fs tyf s|ifd|l glt Nofpgk| cfj Zostf /x|sf] pgsf] egf 0 5 .

df5fkfng Joj ; fo c6o Joj ; foebf sd ldx|gt / Psk6s nufgl u/kl5 kl5 . df5fsf] Joj ; flos pTkfbg / pTkfbstj j |4sf nflu sfoffnon] klg ls; fgnf0{ k6sk6s t|nd k|f|g u/|sf] 5 . df5fsf] vI/b laqm, e08f/0f / ahf/Ls/0fsf] cj : ydf clxn] Jofks ; wf/ cfPsf] k|f65 . df5fkf|v/Lsf nflu hluf 5g|f6, kf|v/L lgdf|f, gof kf|v/L tof/ e0; sk15 j f k/f|g] kf|v/Lsf] kfgl ; s|fP/ dd|t ubf| Wofg lbgk| s'/f, d|:o pTkfbg, df5fsf nflu s|qd bfgsf] k|f|u, d|:o /fu lgo6q0f, d|:o g; /L, kf|v/Ldf c|S; hgsf] sdl x|f b|vfk| n|f0f / To; af6 df5fnf0{ arfpg] pkfo, df5f e08f/0f / o; s|f ahf/ Joj : yfkgnufotsf l] l] w l] ifodf ox|fsf ls; fg klz|lft 5g|. lhNnfdf pTkfbg ePsf df5f j l/u6h, sf7df8f] kf|v/f, dn|v; b|f|fn3f6 / ef/tsf l] leGg ahf/df laqm xb} cfPsf 5g|. l] z|fu/L 58L, g|l, /x; es'/f, l; Ne/sfk / lau|fnufotsf p|gt hftsf df5fsf] pTkfbg c|olws xg] u/|sf] 5 . df5fkfng; l] kl/of|hgfn] ox|fsf] h|j s l] l] wtf ; #|f0f / cfhcfhg|sf c6o j |s|nks pkfosf] v|hl ug| / ls; fgx?nf0{To; ; Da6w| ; lk / blftf clej |4df klg ; xofu u/|sf] 5 .